

AMERICA'S HOMETOWN

Lincoln California



SPRING/SUMMER 2026
RECREATION GUIDE





McBean Pool 101st year Celebration

MUSIC - FOOD

OLD FASHION FAMILY FUN

SPECIAL ACTIVITIES

CARDBOARD BOAT REGATTA

CANNONBALL CONTEST

HISTORIC ARTIFACTS

WATER SAFETY INFO

✦ **MCBEAN POOL**
65 MCBEAN PARK DRIVE

10AM - 2PM

AUGUST 1ST 2026

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REGISTRATION



General Information

- Payments can be made using cash, check, or credit card.
- Program prices, dates and times are subject to change.
- Class fees will not be prorated for any reason.
- Registration is on a first-come, first-served basis.
- The City has established non-resident (NR) fees for recreation programs. A non-resident is a person who lives outside of the 95648 zip code.
- All credit/debit transactions are assessed a 3% convenience fee.

Refund Policy

Community Classes/Camps/Aquatics

- The City of Lincoln reserves the right to cancel, combine or divide classes; change times, dates or locations of classes; instructors; and/or make any other necessary changes.
- Failure to attend a class or “no shows” will not be granted a refund.
- Refunds are only eligible if a request for cancellation is received by the Recreation Department within a minimum of five (5) business days prior to the first class. If a request is made less than 5 business days to the start of the program then a refund will be determined on a case-by-case basis.
- Requests for refunds must be in writing and can be submitted via email, mail, or walk-in. Please email refund requests to recreation@lincolnca.gov.
- If the City of Lincoln cancels a program due to low enrollment, a full refund will be issued.
- The online “convenience fee” will only be refunded in the event of a program cancellation.

Adult Sport Leagues

- Requests for refund must be received within twenty-four (24) hours from the close of registration, unless otherwise noted. If a request is submitted after twenty-four (24) hours, a refund will be determined on a case-by-case basis.
- Requests for refunds must be in writing and can be submitted via email, mail, or walk-in. Please email refund requests to recreation@lincolnca.gov.
- If the City of Lincoln cancels a league due to low enrollment, a full refund will be issued. All other refunds will be assessed with a \$20 processing fee.

Youth Sports Leagues

- Requests for refund must be submitted within seven (7) days of the close of registration, unless otherwise noted. If a request is submitted after seven (7) days, a refund will be determined on a case-by-case basis.
- Requests for refunds must be in writing and can be submitted via email, mail, or walk-in. Please email refund requests to recreation@lincolnca.gov.
- If the City of Lincoln cancels a league due to low enrollment, a full refund will be issued. All other refunds will be assessed with a \$10 processing fee.

Online

You can register for classes, camps, specialty camps and Kids Kamp at www.lincolnrec.net

You can register for youth and adult sport leagues and clinics at www.lincolnrecsports.com

Online registration is available 24 hours a day, 7 days a week.

Walk-in

You can register at the Recreation Office in the Community Center:

2010 First Street
Lincoln, CA 95648

Recreation Office Hours & Closures

Office hours: Monday-Friday, 8:30 AM to 4:30 PM
(closed daily for lunch from 12:00 PM to 1:00 PM)

The Community Center will be closed on the following dates in 2026:

- New Year's Day, 1/1
- MLK Day, 1/19
- President's Day, 2/16
- Memorial Day, 5/25
- 4th of July, 7/3 (Friday before)
- Labor Day, 9/7
- Veterans Day, 11/11
- Thanksgiving and Friday following, 11/26 & 11/27
- Holiday Closure, 12/25/26 - 1/1/27

Scholarships

Scholarships are available for low income families. To obtain a scholarship, an application and income verification must be submitted. Approval of the scholarship may take up to 2 weeks. For the scholarship application, visit our website or contact the Recreation Department.



@LINCOLNRECREATION



LINCOLN RECREATION



(916) 434-3220

Parks
Make
Life
Better!

The City of Lincoln staff reserves the right to photograph facilities, activities and program participants for potential future use in advertising, brochures and the City's web page. All photos will remain the property of the City of Lincoln.

Every effort is made to ensure that the information printed in the Recreation Guide is accurate; however, programs, dates, prices, or descriptions can unexpectedly change. In the event of a program change, every effort will be made to notify registrants in a timely manner.

Create ART

With the Art League

Daily, weekly, seasonal options for multiple age groups.

For classes and programs click the QR code



or contact
www.artleagueoflincoln.com
 580 6th St, Lincoln
 (916) 209-3499



MARTIAL ARTS CLASSES FOR ALL AGES

MORE THAN KICKS & PUNCHES – WE'RE BUILDING CONFIDENT LEADERS!

2 FREE WEEKS

PROGRAMS FOR EVERY AGE

TINY TIGERS (AGES 3-6)

CHILD DEVELOPMENT CLASSES THAT DEVELOP CHILDREN PHYSICALLY, INTELLECTUALLY, EMOTIONALLY, AND SOCIALLY.

FAMILY CLASSES (AGES 6 & UP)

MARTIAL ARTS DEVELOPMENTAL PROGRAM THAT PROVIDES PRACTICAL EFFECTIVE SELF-DEFENSE, FOCUS, DISCIPLINE, GOAL SETTING, LONG-TERM FOLLOW THROUGH, PERSONAL DEVELOPMENT, CONFIDENCE, RESPECT, SELF-CONTROL, CHARACTER BUILDING, MAKING GOOD CHOICES, LEADERSHIP, TEAM BUILDING AND A LOT MORE!



Schedule Your **FREE Introductory Lesson** and receive **2 FREE weeks** of martial arts classes!



- ✓ DISCIPLINE
- ✓ SELF CONFIDENCE
- ✓ CONCENTRATION
- ✓ SELF DEFENSE
- ✓ LEADERSHIP

LINCOLN FAMILY MARTIAL ARTS ACADEMY
 615 5TH STREET LINCOLN, CA 95648 916.645.7856
www.LincolnFamilyMartialArts.com

Let the Dance Journey Begin

LEAD Summer CAMPS

Join us for a summer of movement, music, and magic!

Camp Highlights:

- Fun, theme-inspired dance routines
- Creative crafts and hands-on activities
- Games and movement fun
- Tasty daily snacks
- Special end-of-camp performance for family
- Character meet-and-greet experience
- 10am- 1pm

Registration Information: Scan the QR code to sign up. Camps are listed under EVENTS!



ONCE UPON A TWIRL

JULY 6TH - 8TH

PRINCESS DANCE CAMP

POP STAR DANCE CAMP BORN TO PERFORM

JULY 13TH - 15TH

HANA Dance Party

MOANA DANCE CAMP

JULY 20TH - 22ND

Summer At Tamraloo

STEM Camps | Music | Dance | Theatre | & More

BEYOND THE EVER AFTER
AN ORIGINAL MIND-BLOWING
JUNE 15-26
MUSIC-FREE
PUPPETRY

DESCENDANTS
THE MUSICAL

K-POP of Queens

Check out our full list of Performing Arts, Theatre, & STEM camps





KIDS KAMP

KIDS KAMP

SUMMER 2026

LIVE NOW



SUMMER CAMP

AGES 5 TO 12

JUNE TO AUGUST, 2026

Summer Kids Kamp is an action-packed 8-week day camp that is sure to keep your kiddos smiling all Summer long! Kids Kamp takes place Monday-Friday from 9:00 AM-3:30 PM with optional pre-care and after-care services. Campers enjoy creative art activities, wacky science experiments, silly games, and high-energy sports. Join us for pool days, park crawls, pizza days, bi-weekly field trips and waterslides, and camp competitions!

Thank you to our Spring Break Kids Kamp sponsor:



Kiwaniis
CLUB OF LINCOLN FOOTHILLS



2026 SUMMER KIDS KAMP

DATE/WEEKLY THEME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 June 15 - 19 Welcome to the Rodeo	15 Pool Day Camp is at McBean Park	16 Camper vs. Counselor Park Crawl Day	17 Dress Up Day: Cowgirls & Cowboys Pizza Day	18 Water Slide Day	19 Camp Competition Day
Week 2 June 22 - 26 Heroes vs. Villains	22 Pool Day Camp is at McBean Park	23 Camper vs. Counselor Park Crawl Day	24 Dress Up Day: Heroes vs. Villains Pizza Day	25 Field Trip Day Xtreme Craze	26 Camp Competition Day
Week 3 June 29 - July 3 Star-Spangled Campers	29 Pool Day Camp is at McBean Park	30 Camper vs. Counselor Park Crawl Day	1 Dress Up Day: Red, White & Blue Pizza Day	2 Water Slide Day	3 No Camp! Happy 4 th of July Weekend!
Week 4 July 6 - 10 Disney Days	6 Pool Day Camp is at McBean Park	7 Camper vs. Counselor Park Crawl Day	8 Dress Up Day: Anything Disney! Pizza Day	9 Field Trip Day Golfland	10 Camp Competition Day
Week 5 July 13 - 17 Around the World	13 Pool Day Camp is at McBean Park	14 Camper vs. Counselor Park Crawl Day	15 Dress Up Day: Your World Cup Team Pizza Day	16 Water Slide Day	17 Camp Competition Day
Week 6 July 20 - 24 Winter Wonderland	20 Pool Day Camp is at McBean Park	21 Camper vs. Counselor Park Crawl Day	22 Dress Up Day: Winter Swag Pizza Day	23 Field Trip Day NorCal Aquarium & Wildlife	24 Camp Competition Day
Week 7 July 27 - 31 Mystery Mayhem	27 Pool Day Camp is at McBean Park	28 Camper vs. Counselor Park Crawl Day	29 Dress Up Day: Detective Pizza Day	30 Water Slide Day	31 Camp Competition Day
Week 8 August 3 - 7 Bootcamp Battle	3 Pool Day Camp is at McBean Park	4 Camper vs. Counselor Park Crawl Day	5 Dress Up Day: Camo Pizza Day	6 Field Trip Day Movie Theater	7 Camp Competition Color Wars

REGISTRATION IS LIVE!

Pool Day
Park Crawl Day
Field Trip Day
Water Slide Day
No Camp

Summer 2026
KIDS KAMP
VOLUNTEERS
 REQUEST AN APPLICATION
 VIA EMAIL
KIDSKAMP@LINCOLNCA.GOV
 Deadline to apply:
 May 1st, 2026

ALL-INCLUSIVE RATE: \$1650
 • INCLUDES AM/PM CARE, FIELD TRIPS & WATER SLIDE DAYS.
WEEKLY RATE: \$235*
 • INCLUDES FIELD TRIPS & WATER SLIDE DAY.
 ◦ WEEKLY SUPER STARTER RATE: \$50
 ◦ WEEKLY FUN FINALE RATE: \$65
 ▪ *REDUCED RATE FOR WEEK 3
DAILY RATE (M, T, W & F): \$75
DAILY RATE (THURSDAYS): \$95
 • THURSDAY RATE INCLUDES FIELD TRIPS & WATER SLIDE DAY.
 ◦ DAILY SUPER STARTER RATE: \$20
 ◦ DAILY FUN FINALE RATE: \$25
SUPER STARTER: 7:30 AM TO 9:00 AM
FUN FINALE: 3:30 PM TO 5:30 PM



WELCOME

BAG TO SCHOOL

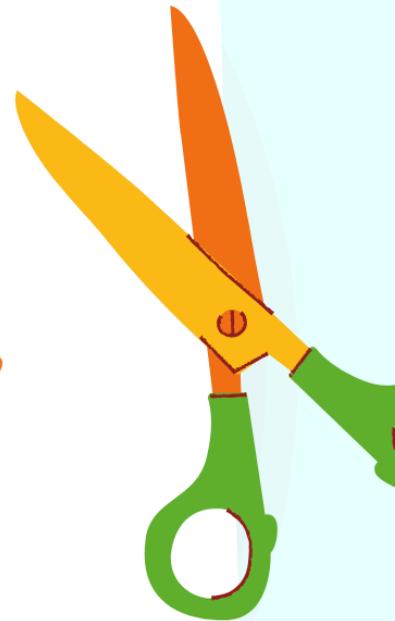
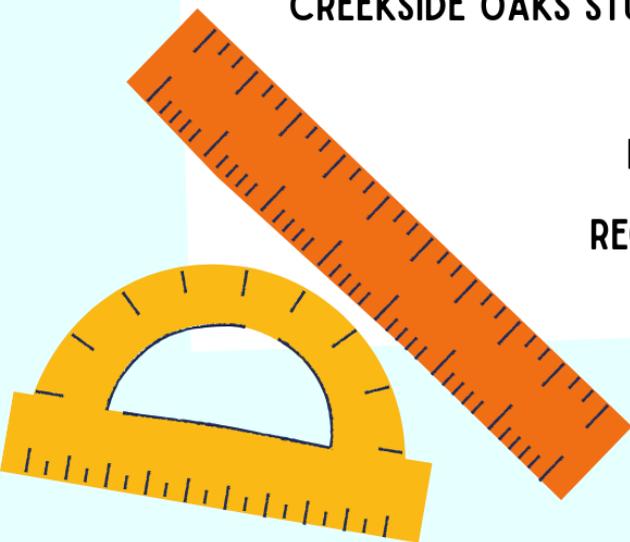
ARE YOU READY FOR
AFTER SCHOOL FUN?

THE RECREATION DEPARTMENT IS EXCITED FOR ANOTHER YEAR OF OUR AFTER SCHOOL PROGRAM, KIDS KLUB! BEFORE AND AFTER SCHOOL CARE FOR CREEKSIDE OAKS STUDENTS AT THE LINCOLN COMMUNITY CENTER.

PCOE ELIGIBLE

PAYMENT PLANS AVAILABLE

REGISTRATION LIVE EARLY JUNE!



SAVE THE DATE

MAYOR'S CUP GOLF

Challenge



10.16.26

Calling all

**GOLFERS,
SPONSORS &
VENDORS**

Spend the day with us!

Registration
opens:

June 15th

**HELP
SUPPORT
Lincoln YOUTH**

*Proceeds go to the Mayor's
Cup Scholarship Fund*

For more information :

www.charitygolftoday.com/lincolnrec



Lincoln Hills Golf Club
1005 Sun City Lane
Lincoln, CA 95648

AQUATICS



LINCOLN LIGHTNING SWIM TEAM SUMMER RECREATIONAL SWIM TEAM

Lincoln Lightning is a recreational swim team serving athletes ages 5 to 18. In 2026, the team will join the Valley Foothill Competitive Aquatic League (VFCAL) for its inaugural season in the league, providing swimmers with expanded opportunities for structured competition and skill development. Team members will compete against established regional programs from Orangevale, Auburn, Cordova, Woodland, Placerville, and Arden Manor. The season runs from May through July, offering a summer-focused schedule that balances training, team camaraderie, and competitive meets.

Detailed information can be found at lincoln.swimtopia.com

SUMMER SWIM TEAM TRYOUTS

APRIL 18TH, 2026

Try out for the inaugural season of the Lincoln Lightning summer recreational swim team!

Requirements:

- Ages 8 & under - Swimmers must be able to swim 25 yards unassisted and be comfortable floating on their backs.
- Ages 9 & up - Swimmers must be able to swim 50 yards unassisted and have basic knowledge of all four competitive strokes.

There is no fee to tryout, but you **MUST** register ahead of time.

Ages:

- 5 to 8 - AQ26.200 • 1:00 PM
- 9 to 12 - AQ26.201 • 2:00 PM
- 13 to 18 - AQ26.202 • 3:00 PM

FALL INTRAMURAL SWIM TEAM

The Lincoln Lightning FALL Swim Team is a non-travel, intramural program.

Program Dates: September through October.

- Registration for Fall will open August 1.

Swim Meet dates will be announced in September.



AQUATICS

DROP-IN PROGRAMS

Drop-in admission fees apply to Recreation Swim, Family Swim, Lap Swim and Water Fitness.

3 and under FREE
4 & up..... \$5

POOL PASSES

Season passes available for Recreation Swim and Family Swim only.

Family Pass (up to 4 people) \$175
Family Pass (additional family members)..... \$25
Individual Pass (ages 4 & up) \$75

RECREATION SWIM

The pool is open during the summer for recreational swimming. The facility is equipped with diving boards, picnic areas, splash pad, showers and changing rooms. Lap lanes are available during lap swim times only. Children under the age of 10 are not permitted without an adult. Schedule subject to change.

6/9 to 8/7 • Tuesday through Friday • 1:00 PM to 3:00 PM
5/30 to 9/5 • Saturdays • 2:00 PM to 5:00 PM
6/12 to 8/7 • Friday Evenings • 5:30 PM to 7:30 PM

LAP SWIM / OPEN EXERCISE AGES 13 & UP

NEW TIME - Participants may swim laps, water walk, or exercise at their own pace. Kickboards, pull buoys and noodles are available.

6/9 to 8/6 • TUES, WED & THURS • 7:00 AM to 8:00 AM
Drop in \$5 or Swim Pass

FREE FAMILY SWIM

Come and bring the family out for a fun evening swim at the pool during Free Family Swim! Children under the age of 10 are not permitted without an adult.

6/9 to 8/4 • Tuesdays • 7:30 PM to 9:00 PM

POOL RENTALS

McBean Pool is available for private rentals during our pool season, May through August, on Saturday's, in 2.5 hour blocks.

PRIVATE POOL RENTALS

Have your own private party where you and your guests can have the pool all to yourselves. The McBean Pool is available to rent for your special occasion. Rentals include exclusive use of the pool, deck and picnic areas, and are staffed with lifeguards.

Available Time Blocks:
• Saturdays (5:30 PM to 8:00 PM)

Cost:
• Pool rental (2.5 hour block up to 50 people)\$360
• Additional lifeguards\$70 each

For rentals with attendance exceeding 50 people, additional lifeguard fee applies per 20 people in addition to the first 50 attendees.

All reservation approvals based on time block and lifeguard availability.



McBean Pool
101st year
Celebration

MUSIC - FOOD
OLD FASHION FAMILY FUN
SPECIAL ACTIVITIES

CARDBOARD BOAT REGATTA
CANNONBALL CONTEST
HISTORIC ARTIFACTS
WATER SAFETY INFO

MCBEAN POOL
65 MCBEAN PARK DRIVE | 10AM -2PM

AUGUST 1ST 2026

Register for Cardboard Boat Regatta online at www.lincolnrec.net



SUMMER 2026

SWIM LESSON SCHEDULE



Make a splash this summer with the City of Lincoln Summer Swim School!

From tiny toes testing the water in Starfish to confident swimmers gliding like Sharks, there's a class for every age and skill level. Our fun, supportive instructors help build water confidence, safety skills, and big smiles along the way.

Whether it's your child's first splash or they're ready to level up their strokes, this is the perfect place to dive in, make friends, and create unforgettable summer memories.

STARFISH

6 MONTHS TO 4 YEARS - PARENT/TODDLER

A Parent or guardian must attend each class with the child. Emphasis is on water adjustment, floating, swimming, blowing bubbles, going underwater, holding breath, kicking, arm movement, and fun & enjoyment in the water. This program provides information and techniques for parents to orient their children to the water and provides parents and children with a fun recreational activity to do together. Only one child per adult is allowed. The child must wear a swim diaper if not potty trained.

CLOWNFISH

3 TO 5 YEARS - PRESCHOOL

Clownfish is a swim readiness class for young children that helps begin the skills of face in the water, blowing bubbles, breath-holding, kicking, floating, arm strokes, and going underwater. Emphasis is on water adjustment, water safety knowledge, and practices, fun, and enjoyment in the water. Most children will have to take this class more than once.

GOLDFISH

3 TO 6 YEARS - INTERMEDIATE PRESCHOOL

For children who have successfully completed the Clownfish course or are able to float, stroke, and kick with face in the water for 5-10 feet. This class is designed for advanced preschoolers and helps children start to gain basic swimming propulsive skills to be comfortable in and around water.

MANTA RAY

5 TO 12 YEARS - BEGINNER (LEVEL 1)

Manta Ray is for participants who are taking swim lessons for the first time. Emphasis is on water adjustment, swimming readiness skills, basic safety, floating, kicking, and arm strokes. The Manta Ray class is the beginner level for school-age children.

SEA LION

6 TO 14 YEARS - INTERMEDIATE (LEVEL 2)

This class builds on the fundamentals learned in Level 1 and is for participants who are able to float comfortably on their front and back, and swim 5ft unassisted. Emphasis is on introducing freestyle and backstroke.

DOLPHIN

6 TO 14 YEARS - SWIMMER (LEVEL 3)

Dolphin is for participants who have successfully completed the Sea Lion class or are able to swim 15 yards without assistance. Emphasis is on improving freestyle and backstroke and introducing side breathing, as well as elementary backstroke.

WHALE

6 TO 14 YEARS - ADVANCED SWIMMER (LEVEL 4)

Whale is for participants who have successfully completed the Dolphin class or are able to swim 25 yards of freestyle and 15 yards of backstroke without assistance. Emphasis is on perfecting freestyle and backstroke as well as introducing breaststroke, butterfly and sidestroke.

SHARK

6 TO 14 YEARS - PRE-COMP (LEVEL 5)

This level will focus on stroke technique, stroke refinement, efficiency, and starts and turns. 8 & under swimmers must be able to swim 25 yards unassisted and be comfortable on their backs. 9 & older swimmers must be able to swim 50 yards unassisted and 25 yards of backstroke.

OCTOPUS

3 YEARS & UP - ADAPTIVE SWIM LESSONS

This is a one-on-one participant-centered lesson for people with mental, physical and/or developmental disabilities.

ADULT

13 YEARS & UP

For anyone over 15 years old who wants to learn basic swimming skills in a group setting. You will learn the basics to floating on front and back and arm strokes.

PRIVATE

3 YEARS & UP

Please contact the Pool at 916-434-3228 to schedule.

PRE-COMPETITIVE

Designed for strong Level 4/5 swimmers, this class bridges the gap between swim lessons and swim team. Refine all 4 competitive strokes, improve endurance, build racing skills such as starts and turns, and gain confidence in a team-style practice environment. Perfect for swimmers who are interested in joining a swim team but want additional skill development first. Must be able to swim 25 yards unassisted and be comfortable swimming on their back.

GROUP - \$94/\$99NR
 ADAPTIVE - \$139/\$144NR
 PRIVATE - \$225/\$230NR

AQUATICS

SESSION 1: JUNE 15 TO JUNE 25

11:15 - 11:45 AM	Clownfish (AQ26.0001) Goldfish (AQ26.0002) Manta Ray (AQ26.0003) Sea Lion (AQ26.0004)	Adult (AQ26.0005) Octopus (AQ26.0006)
11:45 AM - 12:15 PM	Starfish (AQ26.0007) Clownfish (AQ26.0008) Manta Ray (AQ26.0009) Sea Lion (AQ26.0010)	Whale (AQ26.0011) Shark (AQ26.0012) Private (CALL)
12:15 - 12:45 PM	Clownfish (AQ26.0013) Goldfish (AQ26.0014) Manta Ray (AQ26.0015) Sea Lion (AQ26.0016)	Dolphin (AQ26.0017) Whale (AQ26.0018) Octopus (AQ26.0019)
4:30 - 5:00 PM	Clownfish (AQ26.0020) Goldfish (AQ26.0021) Manta Ray (AQ26.0022) Sea Lion (AQ26.0023)	Dolphin (AQ26.0024) Octopus (AQ26.0025)
5:00 - 5:30 PM	Starfish (AQ26.0026) Clownfish (AQ26.0027) Manta Ray (AQ26.0028) Sea Lion (AQ26.0029)	Whale (AQ26.0030) Shark (AQ26.0031) Private (CALL)
5:30 - 6:00 PM	Clownfish (AQ26.0032) Goldfish (AQ26.0033) Manta Ray (AQ26.0034) Sea Lion (AQ26.0035)	Dolphin (AQ26.0036) Whale (AQ26.0037) Octopus (AQ26.0038)
6:00 - 6:30 PM	Starfish (AQ26.0039) Clownfish (AQ26.0040) Goldfish (AQ26.0041) Manta Ray (AQ26.0042)	Sea Lion (AQ26.0043) Whale (AQ26.0044) Shark (AQ26.0045)

SESSION 3: JULY 13 TO JULY 23

11:15 - 11:45 AM	Clownfish (AQ26.0092) Goldfish (AQ26.0093) Manta Ray (AQ26.0094) Sea Lion (AQ26.0095)	Adult (AQ26.0096) Octopus (AQ26.0097)
11:45 AM - 12:15 PM	Starfish (AQ26.0098) Clownfish (AQ26.0099) Manta Ray (AQ26.0100) Sea Lion (AQ26.0101)	Whale (AQ26.0102) Shark (AQ26.0103) Private (CALL)
12:15 - 12:45 PM	Clownfish (AQ26.0104) Goldfish (AQ26.0105) Manta Ray (AQ26.0106) Sea Lion (AQ26.0107)	Dolphin (AQ26.0108) Whale (AQ26.0109) Octopus (AQ26.0110)
4:30 - 5:00 PM	Clownfish (AQ26.0111) Goldfish (AQ26.0112) Manta Ray (AQ26.0113) Sea Lion (AQ26.0114)	Dolphin (AQ26.0115) Octopus (AQ26.0116)
5:00 - 5:30 PM	Starfish (AQ26.0117) Clownfish (AQ26.0118) Manta Ray (AQ26.0119) Sea Lion (AQ26.0120)	Whale (AQ26.0121) Shark (AQ26.0122) Private (CALL)
5:30 - 6:00 PM	Clownfish (AQ26.0123) Goldfish (AQ26.0124) Manta Ray (AQ26.0125) Sea Lion (AQ26.0126)	Dolphin (AQ26.0127) Whale (AQ26.0128) Octopus (AQ26.0129)
6:00 - 6:30 PM	Starfish (AQ26.0130) Clownfish (AQ26.0131) Goldfish (AQ26.0132) Manta Ray (AQ26.0133)	Sea Lion (AQ26.0134) Whale (AQ26.0135) Shark (AQ26.0136)

SESSION 2: JUNE 29 TO JULY 9

11:15 - 11:45 AM	Clownfish (AQ26.0046) Goldfish (AQ26.0047) Manta Ray (AQ26.0048) Sea Lion (AQ26.0049)	Adult (AQ26.0050) Octopus (AQ26.0051)
11:45 AM - 12:15 PM	Starfish (AQ26.0052) Clownfish (AQ26.0053) Manta Ray (AQ26.0054) Sea Lion (AQ26.0055)	Whale (AQ26.0056) Shark (AQ26.0057) Private (CALL)
12:15 - 12:45 PM	Clownfish (AQ26.0058) Goldfish (AQ26.0059) Manta Ray (AQ26.0060) Sea Lion (AQ26.0061)	Dolphin (AQ26.0062) Whale (AQ26.0063) Octopus (AQ26.0064)
4:30 - 5:00 PM	Clownfish (AQ26.0065) Goldfish (AQ26.0066) Manta Ray (AQ26.0067) Sea Lion (AQ26.0068)	Dolphin (AQ26.0069) Octopus (AQ26.0070)
5:00 - 5:30 PM	Starfish (AQ26.0071) Clownfish (AQ26.0072) Manta Ray (AQ26.0073) Sea Lion (AQ26.0074)	Whale (AQ26.0075) Shark (AQ26.0076) Private (CALL)
5:30 - 6:00 PM	Clownfish (AQ26.0078) Goldfish (AQ26.0079) Manta Ray (AQ26.0080) Sea Lion (AQ26.0081)	Dolphin (AQ26.0082) Whale (AQ26.0083) Octopus (AQ26.0084)
6:00 - 6:30 PM	Starfish (AQ26.0085) Clownfish (AQ26.0086) Goldfish (AQ26.0087) Manta Ray (AQ26.0088)	Sea Lion (AQ26.0089) Whale (AQ26.0090) Shark (AQ26.0091)

SESSION 4: JULY 27 TO AUGUST 6

11:15 - 11:45 AM	Clownfish (AQ26.0137) Goldfish (AQ26.0138) Manta Ray (AQ26.0139) Sea Lion (AQ26.0140)	Adult (AQ26.0141) Octopus (AQ26.0142)
11:45 AM - 12:15 PM	Starfish (AQ26.0143) Clownfish (AQ26.0144) Manta Ray (AQ26.0145) Sea Lion (AQ26.0146)	Whale (AQ26.0147) Shark (AQ26.0148) Private (CALL)
12:15 - 12:45 PM	Clownfish (AQ26.0149) Goldfish (AQ26.0150) Manta Ray (AQ26.0151) Sea Lion (AQ26.0152)	Dolphin (AQ26.0153) Whale (AQ26.0154) Octopus (AQ26.0155)
4:30 - 5:00 PM	Clownfish (AQ26.0156) Goldfish (AQ26.0157) Manta Ray (AQ26.0158) Sea Lion (AQ26.0159)	Dolphin (AQ26.0160) Octopus (AQ26.0161)
5:00 - 5:30 PM	Starfish (AQ26.0162) Clownfish (AQ26.0163) Manta Ray (AQ26.0164) Sea Lion (AQ26.0165)	Whale (AQ26.0166) Shark (AQ26.0167) Private (CALL)
5:30 - 6:00 PM	Clownfish (AQ26.0168) Goldfish (AQ26.0169) Manta Ray (AQ26.0170) Sea Lion (AQ26.0171)	Dolphin (AQ26.0172) Whale (AQ26.0173) Octopus (AQ26.0174)
6:00 - 6:30 PM	Starfish (AQ26.0175) Clownfish (AQ26.0176) Goldfish (AQ26.0177) Manta Ray (AQ26.0179)	Sea Lion (AQ26.0180) Whale (AQ26.0181) Shark (AQ26.0182)

PRE-COMPETITIVE SWIM LESSONS

<p>Ages: 5 to 8 Monday through Thursday • 3:30 PM to 4:10 PM AQ26.2018 • 6/15 to 7/9 • \$150/\$155NR AQ26.2019 • 7/13 to 8/6 • \$150/\$155NR</p>
<p>Ages: 9 to 12 Saturday • 3:30 PM to 4:15 PM AQ26.2020 • 6/15 to 7/9 • \$150/\$155NR AQ26.2021 • 7/13 to 8/6 • \$150/\$155NR</p>

SESSION 5: AUGUST 10 TO AUGUST 20

(PM ONLY)

4:30 - 5:00 PM	Clownfish (AQ26.0183) Goldfish (AQ26.0184) Manta Ray (AQ26.0185) Sea Lion (AQ26.0186)	Dolphin (AQ26.0187) Octopus (AQ26.0188)
5:00 - 5:30 PM	Starfish (AQ26.0189) Clownfish (AQ26.0190) Manta Ray (AQ26.0191) Sea Lion (AQ26.0192)	Whale (AQ26.0193) Shark (AQ26.0194) Private (CALL)
5:30 - 6:00 PM	Clownfish (AQ26.0195) Goldfish (AQ26.0196) Manta Ray (AQ26.0197) Sea Lion (AQ26.0198)	Dolphin (AQ26.0199) Whale (AQ26.0200) Octopus (AQ26.0201)
6:00 - 6:30 PM	Starfish (AQ26.0202) Clownfish (AQ26.0203) Goldfish (AQ26.0204) Manta Ray (AQ26.0205)	Sea Lion (AQ26.0206) Whale (AQ26.0207) Shark (AQ26.0208)

McBean Memorial Pool
 61 McBean Park Drive, Lincoln, CA 95648
 916-434-3228

YOUTH PROGRAMS

SKYHAWKS



Location: Various

Skyhawks Sports Academy serves children ages 4 to 14, through programs that feature skill-based sports instruction with a focus on teaching life skills through sports.

Tennis

Location: Jimenez Park

Grab your tennis racket and get ready to play! Whether your child is a beginning or intermediate player, this program will improve their game and help them get more enjoyment from tennis. Skyhawk's tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players.

Ages: 5 to 9

Saturdays • 9:30 AM to 10:30 AM

YF2.26.315 • 5/2 to 5/23 • \$90/\$95NR

Tennis PLAY

Location: Jimenez Park

A perfect mix of learning and games! Each class starts with 20 minutes of drills to build skills, followed by 45 min to 1 hour of league-style games. Kids rotate and play with different teams, building confidence, sportsmanship, and friendships along the way. Everyone goes home a winner with a medal! Experienced coaches focus on grip, footwork, forehand, backhand, and technique to build a strong foundation. It's the perfect starting point for young enthusiasts to grow their skills and confidence on the court.

Ages: 9 to 13

Saturdays • 10:40 AM to 11:40 AM

YF2.26.316 • 5/2 to 5/23 • \$90/\$95NR

Tennis Camp

Location: Jimenez Park

Grab your tennis racket and get ready to play! Whether your child is a beginning or intermediate player, this program will improve their game and help them get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players.

Ages: 6 to 13

Monday through Friday • 9:00 AM to 12:00 PM

YF2.26.318 • 6/15 to 6/19 • \$199/\$204NR

Volley Kats

Location: McBean Park Gazebo

Super Tots - Volley Kats. Jump into volleyball with Volley Kats! Tailored for young learners, this program offers a supportive environment to work on challenging skills like bumping, setting and spiking. Participants also develop agility, reaction-time and speed while learning about teamwork in a fun group setting. Parent participation is required with children 3.5 years and younger.

Ages: 3 to 6

Thursdays • 3:50 PM to 4:35 PM

YF2.26.311 • 4/30 to 5/21 • \$78/\$83NR

Volleyball

Location: McBean Park Gazebo

Skyhawk's Volleyball takes the energy and Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This program is designed for the beginning to intermediate player.

Ages: 6 to 12

Thursdays • 4:45 PM to 5:45 PM

YF2.26.312 • 4/30 to 5/21 • \$90/\$95NR



Baseball Tot Hitters

Location: McBean Park Gazebo

Learn the fundamentals of fielding, catching, throwing, hitting and base running - all in a fun and positive environment. This program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork and responsibility for beginner and intermediate players.

Ages: 3 to 6

Wednesdays • 3:50 PM to 4:35 PM

YF2.26.310 • 4/29 to 5/20 • \$78/\$83NR



Baseball Tot / STEAM

Location: McBean Park Gazebo

Baseball Tots-STEAM brings baseball and learning together in a fun, play-based experience! Kids spend part of each class developing motor skills and baseball fundamentals like throwing, catching, hitting, and running, and part of the time working on sport-themed worksheets featuring puzzles, simple math, and strategy games.

Ages: 3 to 5

Monday through Friday • 9:00 AM to 11:00 AM

YF2.26.320 • 6/22 to 6/26 • \$159/\$164NR

Hoopster Tots / STEAM

Location: McBean Park Basketball Courts

HoopsterTots-STEAM brings basketball and learning together in a fun, play-based experience! Kids spend part of each class developing basketball skills like dribbling, shooting, passing, and teamwork, and part of the time working on sport-themed worksheets that include coloring, puzzles, simple math, and strategy games. Using adjustable hoops and kid-sized basketballs, this program builds confidence, coordination, and creativity—keeping young athletes engaged both on and off the court.

Ages: 3 to 5

Monday through Friday • 9:00 AM to 11:00 AM

YF2.26.321 • 7/6 to 7/10 • \$159/\$164NR

Soccer Tots / STEAM

Location: McBean Park Gazebo

SoccerTots-STEAM brings soccer and learning together in a fun, play-based experience! Kids spend part of each class developing motor skills, confidence, and core soccer fundamentals, and part of the time working on sport-themed worksheets featuring puzzles, simple math, and strategy games. With small group sizes and age-appropriate equipment, this program keeps young athletes engaged, learning, and having fun both on and off the field.

Ages: 3 to 5

Monday through Friday • 9:00 AM to 11:00 AM

YF2.26.322 • 7/20 to 7/24 • \$159/\$164NR



Track and Field Camp

Location: McBean Park Gazebo

The fundamentals of body positioning, stride, proper stretching and cooldown techniques are taught. Track and field events include javelin, discus, shot put, hurdles, long jump, triple jump and various running and relay events (activities may vary by area).

Ages: 6 to 13

Monday through Friday • 9:00 AM to 12:00 PM

YF2.26.317 • 6/8 to 6/12 • \$199/\$204NR

LINCOLN FAMILY MARTIAL ARTS

Location: Lincoln Family Martial Arts, 615 5th Street



Tiny Tigers Introductory Course

Young children are curious and active – and they sometimes have difficulty learning to control their bodies and behaviors. They crave structure and thrive in an environment that's supportive, educational, and fun. Uniform included with registration!

Ages: 3 to 6

Mondays and Wednesdays • 6:00 PM to 6:40 PM

YF2.26.415 • 5/4 to 5/13 • \$49/\$54NR

YF2.26.416 • 6/1 to 6/10 • \$49/\$54NR

YF2.26.417 • 7/6 to 7/15 • \$49/\$54NR

YF2.26.418 • 7/20 to 7/29 • \$49/\$54NR



VISION SOCCER



Location: Various

Join Vision Soccer for action packed classes, designed to help learn and develop key skills required to be a successful soccer player.

This special 7-week series also includes a free ball & jersey.

Toddle Ballers

This Program is a fun introduction to soccer for 2- to 3-year-old players. In addition to basic soccer skills such as using your feet to run with a ball, this program also develops basic coordination and dexterity and introduce your child to group socialization. Activities encourage participants to use their imaginations, while introducing soccer basics along with simple numbers, word and object concepts. Players are encouraged to work together as part of a team. This program builds confidence in your little one by encouraging them to participate independently, while providing them with the security of their nearby support person; participation from parent / guardian or sibling is required.

Ages: 2 to 3

Location: Foskett Regional Park

Mondays • 4:15 PM to 4:55 PM

YF2.26.120 • 5/11 to 6/29 • \$170/\$175NR

No class 5/25

Location: McBean Park

YF2.26.125 • 7/13 to 8/24 • \$170/\$175NR

Kinder Kickers

This program is for any 4 to 5 year old player who likes to be active. Our program curriculum uses fun games and activities to broadly introduce participants to the game. Through the use of hidden learning participants will have a blast thinking they are pirates, or princesses, aliens or monsters, all while learning the fundamental skills of the game, improving self-confidence, understanding group interactions and teamwork. As this is an introduction to the sport, there is no special skills, knowledge or equipment needed.

Ages: 4 to 5

Location: Foskett Regional Park

Mondays • 5:00 PM to 5:45 PM

YF2.26.121 • 5/11 to 6/29 • \$170/\$175NR

No class 5/25

Location: McBean Park

YF2.26.126 • 7/13 to 8/24 • \$170/\$175NR



Juniors

Location: Foskett Regional Park

This program is for any 6 & 8 year old player. Our Juniors program is a bridge between the more technical work of our Cadets program (for 9 to 12 years) and the heavily game-focused sessions of our Kinder Kickers program (4 to 5 years). The Juniors curriculum uses fun games and activities to introduce and refine core futsal skills, but more attention is focused on skill development and precision than in our foundational Kinder Kickers program. These programs are high-energy and encourage your child to challenge themselves to improve their foundational skills. While still considered an introductory session to futsal, no special skills or knowledge are needed.

Ages: 6 to 8

Mondays • 5:50 PM to 6:35 PM

YF2.26.122 • 5/11 to 6/29 • \$170/\$175NR

No class 5/25



Cadets

Location: Foskett Regional Park

This program is for any 9 to 12 year old player. Focus is primarily given to individual technical skill development and execution. Our curriculum incorporates fun challenges and multi-skill combinations to continually challenge players as they work through a series of exercises that introduce basic to advanced 1v1 foot skills and small group tactics. Focus is also given to increasing proficiency in core skills and correcting bad habits. Players work in an environment where they are encouraged to be creative and to gain confidence in using a variety of skills. This program is intended for all players from new to soccer/futsal to competitive level-players.

Ages: 9 to 12

Mondays • 6:40 PM to 7:30 PM

YF2.26.123 • 5/11 to 6/29 • \$170/\$175NR

No class 5/25

NATIONAL ACADEMY OF ATHLETICS



Location: McBean Park Pickleball Courts

National Academy of Athletics' (NAoA)

experienced, positive, and passionate coaches will help your child become a better, more inspired athlete while falling in love with sports.

Pickleball Club



Learn hand-eye coordination, agility & balance, and provides social interaction in a team setting. Participants are taught the fundamentals of serving and receiving the ball, volleying, dinking, positioning, and scoring.

Ages: 7 to 13

Sundays • 11:15 AM to 12:15 PM

YF2.26.301 • 5/3 to 6/7 • \$80/\$85NR

YF2.26.302 • 6/14 to 7/12 • \$80/\$85NR

Pickleball Summer Camp

The World's fastest-growing sport is now a camp your kids will love. Pickleball has been described as a combination of tennis, badminton & ping pong. The game is easy to learn and tons of fun. Pickleball helps kids learn hand-eye coordination, agility & balance, and provides social interaction in a team setting. Kids are having so much fun they do not realize the cardiovascular benefits they are receiving, which can improve mood and mental wellness. Each day participants are taught the fundamentals of serving and receiving the ball, volleying, dinking, positioning, and scoring.

Ages: 7 to 13

Monday through Friday • 9:00 AM to 12:00 PM

YF2.26.300 • 6/15 to 6/19 • \$80/\$85NR

YF2.26.303 • 7/13 to 7/17 • \$80/\$85NR



LINCOLN KUK SOOL WON

Location: Lincoln Community Center Classroom

Kuk Sool Won, a traditional Korean Martial Art. Students will develop strength, quickness, balance, timing, flexibility and coordination while improving concentration, self-discipline and self-control.

\$125 Startup fee for NEW PARTICIPANTS (includes uniform, LKSW tee-shirt, belt, instruction handout plus CD & WKSA membership). Payable to instructor at first class. Applies only to Juniors 1 and Juniors 2/Adult classes.

Turtle Tots

Ages: 3 to 5

Tuesdays • 6:00 PM to 6:30 PM

YF2.26.102 • 5/12 to 6/16 • \$72/\$77NR

YF2.26.107 • 6/23 to 7/28 • \$72/\$77NR

YF2.26.112 • 8/4 to 9/8 • \$72/\$77NR



Dragons

Ages: 5 to 6

Wednesdays • 6:00 PM to 6:30 PM

YF2.26.103 • 5/13 to 6/17 • \$72/\$77NR

YF2.26.108 • 6/24 to 7/29 • \$72/\$77NR

YF2.26.113 • 8/5 to 9/9 • \$72/\$77NR

Juniors 1

Ages: 6 to 12

Mondays and Wednesdays • 6:30 PM to 7:30 PM

YF2.26.100 • 5/11 to 6/17 • \$110/\$115NR

No class: 5/25

YF2.26.105 • 6/22 to 7/29 • \$110/\$115NR

YF2.26.110 • 8/3 to 9/9 • \$110/\$115NR

No class: 9/7

Juniors 2 / Adults

In this program you will develop strength, quickness, balance, timing, flexibility and coordination while improving concentration, self-discipline and self-control. This class is for adults as well as a step up from Juniors 1.

Ages: 7 and up

Tuesdays and Thursdays • 6:30 PM to 7:30 PM

YF2.26.101 • 5/12 to 6/18 • \$110/\$115NR

YF2.26.106 • 6/23 to 7/30 • \$110/\$115NR

YF2.26.111 • 8/4 to 9/10 • \$110/\$115NR

YOUTH PROGRAMS

CHESS ACADEMY CAMP

Location: Twelve Bridges Library

This class is perfect for both beginner and developing players. In this fun, interactive class, students will learn chess fundamentals, essential tactics, and winning strategies. Every move is a chance to grow – both on and off the board.

No prior knowledge of chess is necessary.

Ages: 6 to 13

Monday through Thursday • 9:00 AM to 11:30 AM
EN2.26.101 • 6/15 to 6/18 • \$150/\$155NR



LINCOLN POLICE ACTIVITIES LEAGUE (LPAL)

Location: Various

The Lincoln Police Activities League (LPAL) is a nonprofit organization committed to building positive, trust-based relationships between law enforcement officers and youth in our community. Guided by the motto, "Bridging the Gap Between Cops and Kids," PAL aims to foster mutual respect and understanding through engaging and educational experiences. The program is managed by the LPAL committee.

LPAL provides young people with the opportunity to participate in a range of meaningful activities, such as:

- National Night Out
- Shop with a Cop
- Recreational Activities
- Jr. Potters Program



As part of an ongoing effort to enhance the program, LPAL is currently offering select activities and plans to expand its offerings in the near future (dependent on the availability of officers). Visit <https://lincolncapal.org/> for more information!

Ages: 5 to 18

Days/Times Correspondence via email
LP2.26.001 • FREE REGISTRATION

PLANTING SEEDS ACADEMIC SOLUTIONS



Location: Various

Jewelry from the Earth: Crafting with Care

Location: TBD

In this eco-friendly jewelry-making course, students embark on a creative journey starting with recycled materials to craft environmentally conscious accessories. The course culminates in working with air dry clay & resin to create unique and polished items like bracelets, rings, earrings, jewelry boxes, and keychains. Along the way, students will explore their artistic potential while learning important sustainable art techniques, emphasizing the use of ecofriendly practices and materials throughout the creative process.

Ages: 7 to 12

Monday through Thursday • 9:00 AM to 12:00 PM
YE2.26.501 • 6/8 to 6/11 • \$150/\$155NR

Jr. Crime Scene Detective

Location: Twelve Bridges Library

Experience real-life application in Crime Scene Analysis. Become the center of the action as a CSI agent and conduct forensic science experiments. In the laboratory get ready to learn how to collect and perform analyses of evidence, record findings, and use critical thinking to find the culprit. Everyone will enjoy our interactive and amazing crime scene reproductions.



Ages: 7 to 12

Monday through Thursday • 9:00 AM to 12:00 PM
YE2.26.500 • 7/6 to 7/9 • \$150/\$155NR

PLAY-WELL TEKNOLOGIES



Location: Lincoln Crossing Elementary School Library

Dino Design Using LEGO® Materials

Travel back to the Jurassic era in this hands-on STEM adventure powered by LEGO®! Guided by our enthusiastic Play-Well instructors, young builders will return to the age of dinosaurs, using LEGO® to bring the time of the dinosaurs to life. Design and engineer secure habitats for gentle herbivores, embark on daring expeditions to track down elusive species, and uncover the secrets of powerful predator dinosaurs. Get ready for a dino-sized adventure packed with building, problem-solving, and imagination!



Ages: 5 to 7

Monday to Friday • 9:00 AM to 12:00 PM
YE2.26.400 • 7/13 to 7/17 • \$210/\$215NR

Jurassic Engineering Using LEGO® Materials

Dive into the world of dinosaurs through the lens of engineering and science in this immersive LEGO®-powered STEM course! Guided by expert Play-Well instructors, students will apply critical thinking and problem-solving skills to design and build secure habitats for herbivorous dinosaurs and go on expeditions to discover elusive species. This course challenges students to collaborate, innovate, and deepen their understanding of biology, engineering, and prehistoric ecosystems, all while bringing the Jurassic world to life, brick by brick.

Ages: 7 to 12

Monday to Friday • 1:00 PM to 4:00 PM
YE2.26.401 • 7/13 to 7/17 • \$210/\$215NR

STEM Discovery Using LEGO® Materials



Unleash your creativity with tens of thousands of LEGO® pieces at your fingertips! Build engineer-designed projects as you discover the world around us through our inquiry-based learning model. Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO® building system.

Ages: 5 to 8

Monday to Friday • 9:00 AM to 12:00 PM
YE2.26.402 • 8/3 to 8/7 • \$210/\$215NR

Minecraft Master Engineering Using LEGO® Materials

Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, we will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it.

Ages: 7 to 12

Monday to Friday • 1:00 PM to 4:00 PM
YE2.26.403 • 8/3 to 8/7 • \$210/\$215NR

register online

Scan the QR code or visit

www.lincolnrec.net



TEEN, ADULT AND SENIOR PROGRAMS

TEEN / ADULT PROGRAMS

LINCOLN KUK SOOL WON



Location: Lincoln Community Center Classroom
Develop strength, quickness, balance, flexibility and coordination as well as improve your powers of concentration, self-discipline and self-confidence with the traditional martial art form of Korea, Kuk Sool Won.

\$125 Startup fee for NEW PARTICIPANTS (includes uniform, LKSW tee-shirt, belt, instruction handout plus CD & WKSA membership). Payable to instructor at first class. Applies only to Juniors 1 and Juniors 2/Adult classes.

Juniors 2 / Adults

In this program you will develop strength, quickness, balance, timing, flexibility and coordination while improving concentration, self-discipline and self-control. This class is for adults as well as a step up from Juniors 1.

Ages: 7 and up
Tuesdays and Thursdays • 6:30 PM to 7:30 PM
YF2.26.101 • 5/12 to 6/18 • \$110/\$115NR
YF2.26.106 • 6/23 to 7/30 • \$110/\$115NR
YF2.26.111 • 8/4 to 9/8 • \$110/\$115NR



BABYSITTING FOR BEGINNERS

Location: Lincoln Community Center

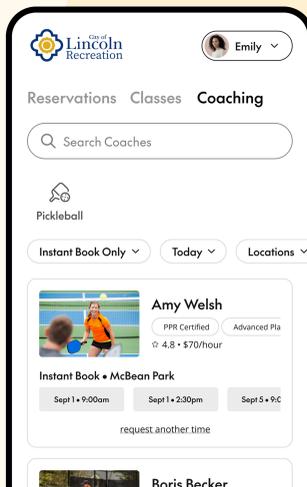
Learn the skills needed to be a trusted and responsible babysitter! Learn all about childhood development, bedtime strategies, positive redirection, how to get a job, and ways to make babysitting fun for you and the kids. Basic first aid, general safety, and what to do in an emergency will also be covered. Students should bring a water bottle, snack and dress to move!

Students will earn a certificate of completion.
*This class does not offer a CPR/First Aid certificate.

Ages: 10 to 17
Saturday • 10:00 AM to 2:00 PM
TN2.26.100 • 6/6 • \$99/\$104NR

Swing into action at McBeanPark

Scan the QR below, or head to rec.us/mcbean to discover pickleball classes, licensed coaches and reservable courts!



SENIOR PROGRAMS

BRIDGE GROUP



Location: Lincoln Senior Center, 391 H Street

Looking for a fun way to spend your time and socialize? Millions of people play bridge worldwide in clubs, tournaments, at home, online or with friends. Bridge is one of the most popular card games, particularly among seniors. Come learn and play this trick-taking card game!

Fourth Monday of every month - excluding certain holidays
1:00 PM to 4:00 PM
Free

DIGITAL LIBRARY TRAINING FOR SENIORS

We offer eBooks, eAudiobooks, and streaming TV, music, movies and more. Our Digital Library is open 24/7, and free with your library card. Need help getting started? Check our Digital Library Training for Seniors - it's designed for seniors, but it's great for anyone who needs step-by-step instructions on getting started.

Visit Digital Library - City of Lincoln (lincolnca.gov)



MEALS ON WHEELS

Location: Lincoln Senior Center, 391 H Street

Meals on Wheels is the flagship program of the Older Americans Act. It exemplifies a service designed to help Older Adults Age in Place by targeting people who are home alone during the day and who have difficulty preparing simple meals. For clients who need the service temporarily.

Meals delivered; Monday, Wednesday and Friday from our Senior Center



SENIOR BINGO

Location: Lincoln Senior Center, 391 H Street

B-I-N-G-O!!! Calling all Senior Bingo Lovers. Join the Lincoln Senior Center the second Tuesday of every month for **FREE** Bingo with refreshments and prizes! Hope to see you there!

Second Tuesday of every month • 1:00 PM to 3:00 PM

ONLINE

DRIVERS EDUCATION COURSE ECONOMIC DRIVING SCHOOL

This state required Online Drivers Education Course is approved by the California Department of Motor Vehicles. Reading, flash graphics, videos, quizzes, and practice tests will prepare the student to pass the permit test at the Department of Motor Vehicles.

The course is very easy to use! Simply log into the website, enroll, and you can begin learning and achieving your goals immediately.

For more information about the course and to register go to <https://www.economicdrivingschool.com/online/> or scan the QR code.

Instructions to register:

Under "how did you hear about us?" enter the code "3223"

To receive 40% off the course enter the promo code "1978"



Economic Driving School

Visit Website

<https://www.economicdrivingschool.com/online/>

The cost of the course is \$68.50, however, with the above discount it comes to \$41.10!



LINCOLN REC SPORTS YOUTH LEAGUES



LINCOLN YOUTH BASKETBALL CLINIC



Players will learn and practice key fundamental and advanced skills including footwork, rebounding, defense and offensive position specific skills while incorporating this training into competitions and scrimmages. This is a great camp for all players looking to have fun, get better, and take your game to the next level! May be held outdoors.

SESSION I: JUNE 15 TO JUNE 19

Registration: April 1 to June 14 - \$90

SESSION II: JULY 20 TO JULY 24

Registration: April 1 to July 19 - \$90

Time: 10:00 AM to 12:00 PM

Ages: 3rd to 8th Grade

Location: TBD

DROP-IN BASKETBALL

**YOUTH (10 TO 16): MONDAYS • 6/8 TO 8/17
4:00 PM TO 6:00 PM**

**\$5 CASH ONLY & PARENT WAIVER
(LIMITED SUPERVISION)**



LINCOLN YOUTH VOLLEYBALL CLINIC



Come participate in this week-long youth volleyball camp to learn and polish those skills and get some extra practice. We will focus on strengthening individual skill sets and incorporating them into game situations, all while having tons of fun! Instruction is led by Recreation staff and local players. Program held outdoors.

SESSION I: JULY 13 TO JULY 17

Registration: April 1 to July 12 - \$90

Time: 10:00 AM to 12:00 PM

Ages: 3rd to 8th Grade - Coed

Location: Peter Singer Park



LINCOLN YOUTH FLAG FOOTBALL CLINIC



Our Lincoln Youth Flag Football season is rapidly approaching, so here is your chance to dust off your cleats and get some training in before the first practice! Get a great workout with this week-long, 2 hour skills camp that will cover everything you will need to work on for the upcoming season.

SESSION I: JULY 27 TO JULY 31

Registration: April 1 to July 26 - \$90

Time: 9:00 AM to 11:00 AM

Ages: 2nd to 8th Grade - Coed

Location: Foskett Regional Park



SPEED & AGILITY CLINIC



Players will learn and practice key fundamental and advanced skills including technique, form, plyometric and various skills while incorporating this training into competitions and drills. This is a great class for all players looking to have fun, get better, and take your game to the next level. Instructors will feature Lincoln High School Track and Field Athletes and Coaches.

SESSION I: JULY 7 TO JULY 16 (TUESDAY/WEDNESDAY/THURSDAY)

Registration: April 1 to July 6 - \$80

Time: 9:00 AM to 10:30 AM

Ages: 2nd to 9th Grade - Coed

Location: Peter Singer Park



FLAG FOOTBALL SEASON



Lincoln Recreation is excited for another season of Lincoln Youth Flag Football for all boys and girls in the 1st - 8th grades. LYFF is a non-contact, 5 on 5 league with practices twice a week and games scheduled for Saturday afternoons. The Fall Season will feature a player combine followed by a player draft for 3rd - 8th Grade divisions. 1st/2nd grade teams will be randomly assigned. Come out and join us for this exciting new Flag Football experience. (Head coach discounts available, max 1 discount per team.) Girls only division available!

REGISTRATION DATES:

Early: April 1 to May 26 - \$130 | Regular: May 27 to August 17 - \$135 | Late: August 18 to August 21 - \$140

Player Evaluations: August 22

Time: TBD

Practices begin: August 31

Games begin: September 12

Visit our league website at:
www.LincolnRecSports.com
or scan the QR code.



LINCOLN REC SPORTS

ADULT LEAGUES

ADULT SOFTBALL LEAGUE

ADULT SOFTBALL - SPRING

The City of Lincoln offers women's, men's, and co-ed softball leagues each spring, summer & fall with all games being played at the Eleanor Carnesecca Softball Complex at Foskett Regional Park. Your team registration fee includes 1 umpire, scorekeeper, 8 regular season games, playoffs for the top 4 teams in each division, and prizes valued at \$200 for each division champion. Depending on the number of teams to register, each league will be divided, based on skill level, to form divisions consisting of 4 to 9 teams. ASA rules govern play.

REGISTRATION DATES:

EARLY REGISTRATION: APRIL 1 TO APRIL 20 - \$550

REGULAR REGISTRATION: APRIL 21 TO MAY 19 - \$575

LATE REGISTRATION: MAY 20 TO JUNE 1 - \$600



DROP-IN BASKETBALL -

Drop-in to work on your shot, game and participate in pick-up games!

YOUTH (10 TO 16): MONDAYS • 6/8 TO 8/17• 4:00 PM TO 6:00 PM

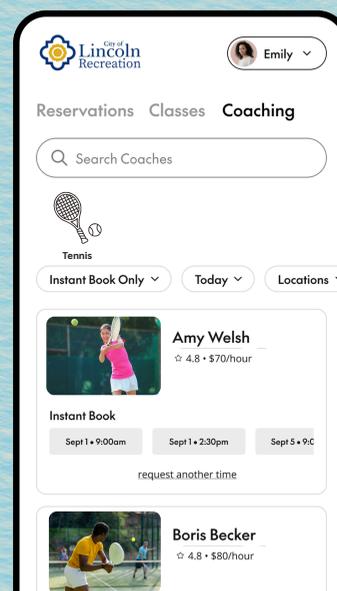
\$5 CASH ONLY & PARENT WAIVER (LIMITED SUPERVISION)

ADULTS (17+): MONDAYS • 6/8 TO 10/26• 8:30 PM TO 10:00 PM

\$5 CASH ONLY

Swing into action at Jimenez Park

Scan the QR below, or head to rec.us/jimenez to discover tennis classes, licensed coaches and reservable courts!



Visit our league website at:
www.LincolnRecSports.com
or scan the QR code.



Swing into action at McBean Park

Scan the QR below, or head to rec.us/mcbean to discover pickleball classes, licensed coaches and reservable courts!



powered by **rec**

The screenshot shows the City of Lincoln Recreation app interface. At the top, the logo for City of Lincoln Recreation is on the left, and a user profile for Emily is on the right. Below the logo, there are three tabs: Reservations, Classes, and Coaching. A search bar labeled "Search Coaches" is present. Underneath, there is a "Pickleball" category icon. Below that, there are three filter buttons: "Instant Book Only", "Today", and "Locations". The main content area displays a list of coaches. The first coach listed is Amy Welsh, who is PPR Certified, has an Advanced Pla (likely Advanced Player) status, a 4.8 star rating, and charges \$70/hour. Below her profile, it says "Instant Book • McBean Park" and lists three available time slots: "Sept 1 • 9:00am", "Sept 1 • 2:30pm", and "Sept 5 • 9:00am". A link to "request another time" is also visible. The second coach listed is Boris Becker, who is PPR Certified, has a PPA Champio (likely PPA Champion) status, a 4.8 star rating, and charges \$80/hour.



LIBRARY HOURS

Open Monday through Thursday and Saturday
from 9:00 AM to 5:00 PM

Closed Friday and Sunday

MOTHER GOOSE ON THE LOOSE

Join us for this fast-paced storytime filled with fun activities designed to help babies and toddlers learn and grow. Music, movement, and stories build early literacy, social, and development skills – all while having fun!

Ages: 0 to 4 years (Adults must stay for the program)

When:

- Thursday mornings at 9:30 AM & 10:30 AM, during regular library hours.

*No Mother Goose on the Loose on certain holidays or the fifth Thursday of a month. (Please check the Library calendar for Mother Goose dates.)

Where: Twelve Bridges Library



FAMILY STORYTIME

Bring the whole family to storytime at the library! This event features themed books, as well as movements and songs. Readers will also share helpful tips to make the most of your storytime at home.

For all ages, but specifically ages 4 to 8 and their caregivers. Adults must stay for program

When: Mondays and Wednesdays • 3:30 PM to 4:00 PM

Where: Twelve Bridges Library

FAMILY MOVIE NIGHT

Join us for a free, family-friendly movie each month! Seating is available, but families are welcome to bring their own pillows and blankets to sit on the floor. Popcorn, soda, juice, and water are available for 50 cents each. Families are welcome to bring their own snacks.

For families with children of all ages; an adult must attend with each group of children and/or teens.

When: 3rd Saturday of each month • 5:30 PM

Where: Twelve Bridges Library Willow Room

READ TO A DOG

Did you know children are less hesitant reading out loud to a dog than their peers? At Read to a Dog, each child has the chance to read out loud to a friendly and quiet therapy dog from **Lend a Heart, Lend a Hand Animal-Assisted Therapy Group**. Children may bring their own books to read to a furry friend, or they may borrow a book from the library's collection. Participants who attend multiple programs can also earn a book to keep.

Children ages 5+ and their caregivers

Adults must stay for program

Participants sign up with staff to read for a five-minute session to a dog. After completing a session, participants may sign up for another session. The total number of sessions a participant can complete depends on the number of dogs and participants present.

*Sign-ups begin at 3:00 PM on the day of the program.

When: 3rd Saturday of each month • 3:00 PM to 4:00 PM

Where: Twelve Bridges Library, Homework Center



LIBRARY

TWELVE BRIDGES LIBRARY

Explore everything your library card gives you!



Read anyway you like. Printed books, magazines, newspapers, and e-books and audiobooks.



Listen at home or on the go. Music and books to stream or download.



Get online and get going. Computers to use as well as free wifi.



Watch movies, TV series, and more. Borrow DVDs and videos to stream or download.

There's even more to explore with your library card:

- Online programming, databases and research materials
- Expert reading recommendations
- Internet access and computers to use

LEARN something new 24/7. Digital resources are ready when you are.

BORROW instead of buy. Save money on your favorite books, movies and media.

ENTERTAIN yourself and your family. Check out the library's programming!

Sign up
online today:
(or just find out more)



485 Twelve Bridges Drive
(916) 434-2410

For current hours, programs, and events, please check the Library's website, Instagram, or Facebook page:



www.lincolncal.gov

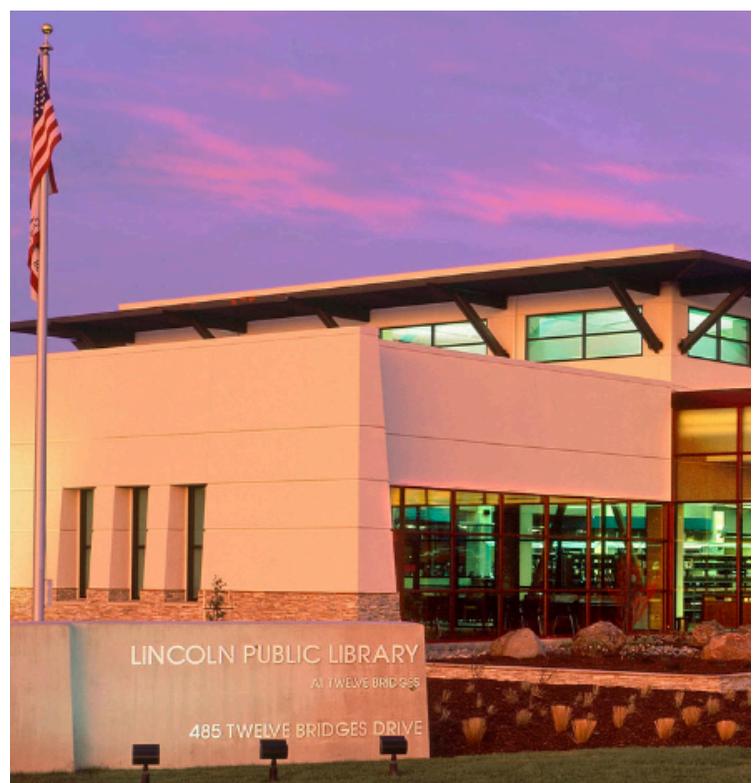
@libatlincoln

Library at Lincoln

library@lincolncal.gov

Our digital branch is always open! Our e-books and online databases are available to you 24/7!

"And thank you to the Friends of the Lincoln Public Library for supporting library programs. Find out more about how you can help and become a Friend: lincolnlibraryfriends.org."



FACILITY RENTALS



For more information, pricing and to download an application, scan the QR code or visit:

www.lincolncalifornia.gov/city-hall/departments-divisions/parks-recreation/facilities

McBean Pavilion

65 McBean Park Drive, Lincoln CA 95648

McBean Pavilion is the perfect rental space to host your next celebration, party or event. This remodeled 6,720 square foot facility can accommodate up to 350 people. The Pavilion is ideal for weddings and parties with its kitchen, one dry and one wet bar, and built-in stage. This venue also includes a private, gated courtyard with an attached barbeque.

To reserve the McBean Pavilion:

Call the Recreation Department at 916-434-3220 to first see if your desired date is available. If your date is available you will have 14 days to submit your rental application and damage/cleaning deposit.



COVERED PICNIC AREA RENTALS

Looking for a shady area to gather? The City of Lincoln has many covered picnic areas within our parks. In most parks they are claimed on a first come, first served basis; however, there are multiple parks where you can reserve your spot under one of our covered picnic areas.

Parks with reservable picnic areas:

- McBean Park
- Meadowlands
- Aitken Ranch
- Nathan Dubin
- Markham
- Pete Singer

To reserve a Covered Picnic Area:

Scan the QR code or head to rec.us/lincoln to book your next picnic rental, make a court reservation, or take a pickleball class!



Bounce Houses:

Scan the QR code for more info!



MCBEAN PARK



NATHAN DUBIN



MEADOWLANDS



MARKHAM



AITKEN RANCH



PETER SINGER

NEW PARKS

Sandstad & Busey Park

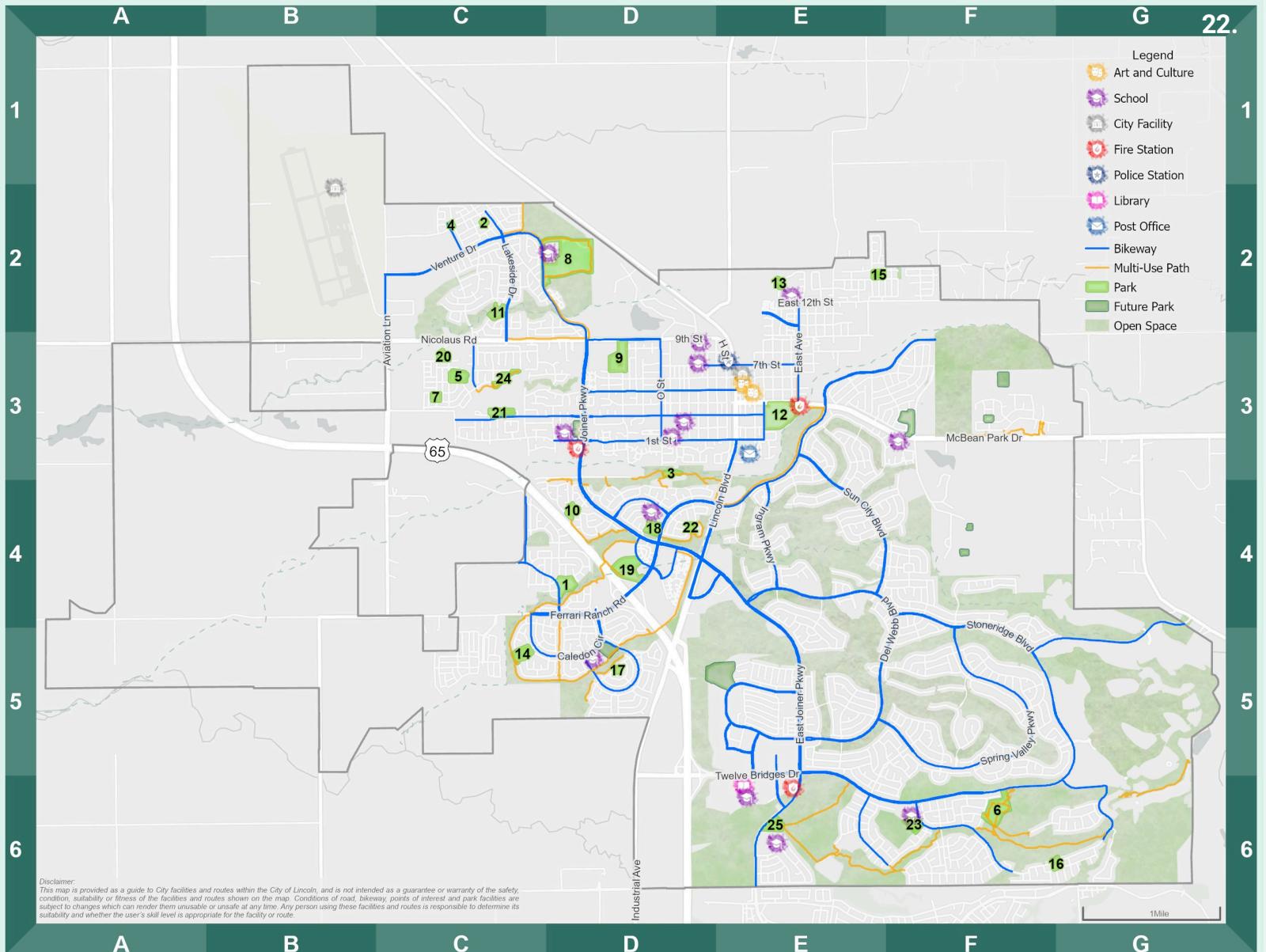
Sandstad & Busey Park, located in the charming Independence development, are two of Lincoln's newest parks. Head to Busey for a picnic & game of chess with the family or spend some time at Sandstad on the hill side slide! These parks are the perfect additions to the City's list of 25 municipal parks.



SANDSTAD PARK



BUSEY PARK



Disclaimer:
 This map is provided as a guide to City facilities and routes within the City of Lincoln, and is not intended as a guarantee or warranty of the safety, condition, suitability or fitness of the facilities and routes shown on the map. Conditions of road, bikeway, points of interest and park facilities are subject to changes which can render them unusable or obsolete at any time. Any person using these facilities and routes is responsible to determine its suitability and whether the user's skill level is appropriate for the facility or route.

Park Maintenance

For maintenance concerns during regular work hours call Public Services at 916-434-2450 Monday thru Friday 8am-5pm.

For immediate needs regarding maintenance or repair during non-business hours (Monday thru Friday 5pm-8am) and weekends, call the City's Police Department at 916-645-4040.

Alternatively, email Public Services at publicservices@lincolnca.gov. Please allow the next regular business day for response.

	Bounce House Permit	Baseball/Softball	Basketball	Field Rental	Dog Park	Fitness Kiosk	Horseshoe	Parking Lot	Picnic Area	Picnic Area	Pickleball	Playground	Pool	Restroom	Soccer	Tennis	Trail Access	Water Feature	Map Area
1 Aitken Ranch Park																			D4
2 Atkinson Park																			C2
3 Auburn Ravine Park																			D3
4 Brown Park																			C2
5 Busey Park																			C3
6 Coyote Pond Park																			F5
7 Eadie Park																			C3
8 Foscett Regional Park																			D2
9 Joiner Park																			D3
10 Machado Park																			D4
11 Markham Park																			C3
12 McBean Park																			E3
13 Meadowlands Park																			E2
14 Nathan Dubin Park																			C5
15 Palo Verde Park																			E2
16 Pasillas Park																			F6
17 Pete Demas Park																			D5
18 Peter Singer Park																			D4
19 Robert Jimenez Park																			D4
20 Sandstad Park																			C3
21 Scheiber Park																			C3
22 Sheffield Park																			D4
23 Twelve Bridges Park																			F6
24 Vasion Park																			C3
25 Wilson Park																			E6

Facility Rentals

The City of Lincoln has a number of City-owned facilities available for hosting your event.

The following locations can be reserved:

- Beermann Plaza
- Civic Auditorium
- Community Center
- McBean Park BBQ Area
- McBean Park Pavilion
- McBean Pool

For more information visit www.lincolnca.gov/en/parks-recreation-and-activities/rent-a-facility.aspx or call 916-434-3220.



ATKINSON PARK



SCHIEBER PARK



MCBEAN PARK

PRESENTED BY CITY OF LINCOLN

KIDS and TRUCKS

Family Fun Event

Trucks, Food, Games, Music & Fun

 **ALL AGES ARE WELCOME!**

19TH SEPTEMBER, 2026

 **9:00 AM - 1:00 PM**

**TRUCK
CROSSING**

McBean Park 65 McBean Park Drive