

# How Much Will My Medical Premiums Change Next Year?

This is the amount your medical deduction will increase or decrease per paycheck.

Plan	Employee Only	Employee & 1 Dependent	Employee & 2+ Dependents
Anthem Blue Cross Del Norte EPO	+ \$ 48. <sup>88</sup>	+ \$ 97. <sup>77</sup>	+ \$ 127. <sup>09</sup>
Anthem Blue Cross Select HMO	+ \$ 33. <sup>84</sup>	+ \$ 67. <sup>68</sup>	+ \$ 87. <sup>98</sup>
Anthem Blue Cross Traditional HMO	- \$ 69. <sup>31</sup>	- \$ 138. <sup>63</sup>	- \$ 180. <sup>22</sup>
Blue Shield Access+ HMO	- \$ 63. <sup>07</sup>	- \$ 126. <sup>14</sup>	- \$ 163. <sup>99</sup>
Blue Shield Access+ EPO	- \$ 63. <sup>07</sup>	- \$ 126. <sup>14</sup>	- \$ 163. <sup>99</sup>
Blue Shield Trio HMO	- \$ 27. <sup>47</sup>	- \$ 54. <sup>94</sup>	- \$ 71. <sup>42</sup>
Health Net SmartCare	- \$ 11. <sup>92</sup>	- \$ 23. <sup>84</sup>	- \$ 30. <sup>99</sup>
Kaiser Permanente	+ \$ 5. <sup>67</sup>	+ \$ 11. <sup>34</sup>	+ \$ 14. <sup>74</sup>
PERS Gold	+ \$ 39. <sup>52</sup>	+ \$ 79. <sup>04</sup>	+ \$ 102. <sup>75</sup>
PERS Platinum	+ \$ 48. <sup>88</sup>	+ \$ 97. <sup>77</sup>	+ \$ 127. <sup>09</sup>
UnitedHealthcare SignatureValue Alliance	- \$ 10. <sup>77</sup>	- \$ 21. <sup>55</sup>	- \$ 28. <sup>02</sup>
Western Health Advantage HMO	- \$ 13. <sup>21</sup>	- \$ 26. <sup>43</sup>	- \$ 34. <sup>36</sup>

Employee rates are bi-monthly, deducted from the first two paychecks of each month. Employee rates are based on 1.00 FTE at Region 1 rates as provided by CalPERS. Your premiums may be different if a region other than Region 1 is utilized to calculate health insurance premiums (based on zip code and county).