



AMERICA'S HOMETOWN

Lincoln California

WINTER/SPRING 2024
RECREATION GUIDE



City of
Lincoln
Recreation



City of Lincoln

Recreation

*Thank you to our wonderful
Fall events sponsors*

FLOATING PUMPKIN PATCH & TURKEY TROT



Lincoln
COMMUNITY
PRESCHOOL

Lincoln
Community Foundation



GLADDING, McBEAN



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REGISTRATION



Online

You can register for classes, camps, specialty camps and Kids Kamp at www.lincolnrec.net

You can register for youth and adult sport leagues and clinics at www.lincolnrecsports.com

Online registration is available 24 hours a day, 7 days a week.

Walk-in

You can register at the Recreation Office in the Community Center:

2010 First Street
Lincoln, CA 95648

Recreation Office Hours & Closures

Office hours: Monday-Friday, 8:30 AM to 4:30 PM
(closed daily for lunch from 12:00 PM to 1:00 PM)

The Community Center will be closed on the following dates in 2024:

- New Year's Day, 1/1
- MLK Day, 1/15
- Presidents Day, 2/19
- Memorial Day, 5/27
- 4th of July, 7/4
- Labor Day, 9/2
- Veterans Day, 11/11
- Thanksgiving and Friday following, 11/28 & 11/29
- Holiday Closure, 12/25/24 - 1/1/25

Scholarships

Scholarships are available for low income families. To obtain a scholarship, an application and income verification must be submitted. Approval of the scholarship may take up to 2 weeks. For the scholarship application, visit our website or contact the Recreation Department.



@LINCOLNRECREATION



LINCOLN RECREATION



(916) 434-3220

General Information

- Payments can be made using cash, check, or credit card.
- Program prices, dates and times are subject to change.
- Class fees will not be prorated for any reason.
- Registration is on a first-come, first-served basis.
- The City has established non-resident (NR) fees for recreation programs. A non-resident is a person who lives outside of the 95648 zip code.
- All credit/debit transactions are assessed a 3% convenience fee.

Refund Policy

Community Classes/Camps/Aquatics

- The City of Lincoln reserves the right to cancel, combine or divide classes; change times, dates or locations of classes; instructors; and/or make any other necessary changes.
- Failure to attend a class or "no shows" will not be granted a refund.
- Refunds are only eligible if a request for cancellation is received by the Recreation Department within a minimum of five (5) business days prior to the first class. If a request is made less than 5 business days to the start of the program then a refund will be determined on a case-by-case basis.
- Requests for refunds must be in writing and can be submitted via email, mail, or walk-in. Please email refund requests to recreation@lincolnca.gov.
- If the City of Lincoln cancels a program due to low enrollment, a full refund will be issued.
- The online "convenience fee" will only be refunded in the event of a program cancellation.

Adult Sport Leagues

- Requests for refund must be received within twenty-four (24) hours from the close of registration, unless otherwise noted. If a request is submitted after twenty-four (24) hours, a refund will be determined on a case-by-case basis.
- Requests for refunds must be in writing and can be submitted via email, mail, or walk-in. Please email refund requests to recreation@lincolnca.gov.
- If the City of Lincoln cancels a league due to low enrollment, a full refund will be issued. All other refunds will be assessed with a \$20 processing fee.

Youth Sports Leagues

- Requests for refund must be submitted within seven (7) days of the close of registration, unless otherwise noted. If a request is submitted after seven (7) days, a refund will be determined on a case-by-case basis.
- Requests for refunds must be in writing and can be submitted via email, mail, or walk-in. Please email refund requests to recreation@lincolnca.gov.
- If the City of Lincoln cancels a league due to low enrollment, a full refund will be issued. All other refunds will be assessed with a \$10 processing fee.



The City of Lincoln staff reserves the right to photograph facilities, activities and program participants for potential future use in advertising, brochures and the City's web page. All photos will remain the property of the City of Lincoln.

Every effort is made to ensure that the information printed in the Recreation Guide is accurate; however, programs, dates, prices, or descriptions can unexpectedly change. In the event of a program change, every effort will be made to notify registrants in a timely manner.

spring break kids kamp



MONDAY, MARCH 25TH TO FRIDAY, MARCH 29TH

WEEKLY RATE - \$180

9:00 AM TO 3:30 PM

DAILY RATE - \$65

9:00 AM TO 3:30 PM

SUPER STARTER DAILY/WEEKLY - \$15/\$45

7:30 AM TO 9:00 AM

FUN FINALE DAILY/WEEKLY - \$15/\$60

3:30 PM TO 5:30 PM



LINCLN LIMELIGHT


LINCOLN · CALIFORNIA



SPOTLIGHT LINCOLN IS A LOCAL MARKETING BUSINESS THAT IS TRULY LOCAL TO LINCOLN.

Utilizing web and social media platforms, we make it easy and entertaining for people to learn about local businesses and community services.

For more information contact Spotlight Lincoln at
info@SpotlightLincoln.com
WWW.SPOTLIGHTLINCOLN.COM
[@SPOTLIGHTLINCOLN](https://www.instagram.com/SPOTLIGHTLINCOLN)



SEASON CLASS PASS

Purchase a season class pass and enroll in up to 5 classes for family members residing in the same household. You can choose between sessions for Lincoln Explorers, Desserts with Dalila, Presidents Day Cheer Clinic, Krafts with Kalina, and Lincoln Pottery! Also receive an official Lincoln Explorers kit. A \$320 value for only \$199!

Please contact Lincoln Recreation at 916-434-3220 for class enrollment and further details.

* Not eligible with scholarship program.

Location: Various

YE1.24.101 • Winter/Spring Session • \$199/\$204NR





JOIN OUR TEAM

WE ARE HIRING!

FEB. 2024
www.calopps.org

LIFEGUARDS
+
WATER SAFETY INSTRUCTORS





Come join us for our first ever open house! See all of what Lincoln Recreation has to offer, meet program instructors, view class demos, receive free giveaways and meet the Lincoln Recreation team! There will also be food/drink vendors and a bounce house for the kiddos.

SUMMER OPEN HOUSE

 2010 First Street, Lincoln CA 95648

 Summer 2024

hope to see you there!

2010

MCBEAN PARK

PICKLEBALL COURTS

NOW OPEN!



WE ARE VERY EXCITED TO ANNOUNCE THE MCBEAN PICKLEBALL COURTS ARE NOW OPEN TO THE COMMUNITY! COURTS ARE FIRST COME, FIRST SERVE UNLESS RESERVED FOR A CITY SPONSORED EVENT. COURT RENTALS COMING THIS SPRING.





LINC^{OLN} LIMELIGHT

Q
ONLINE
X

DRIVERS EDUCATION COURSE

ECONOMIC DRIVING SCHOOL

Economic Driving School

This state required Online Drivers Education Course is approved by the California Department of Motor Vehicles. Reading, flash graphics, videos, quizzes, and practice tests will prepare the student to pass the permit test at the Department of Motor Vehicles.

The course is very easy to use! Simply log into the website, enroll, and you can begin learning and achieving your goals immediately.

For more information about the course and to register go to <https://www.economicdrivingschool.com/online/> or scan the QR code.



Instructions to register:

Under "how did you hear about us?" enter the code "3223"

To receive 40% off the course enter the promo code "1978"

The cost of the course is \$68.50, however, with the above discount it comes to \$41.10!





Economic Driving School

Visit Website

<https://www.economicdrivingschool.com/online/>

FINANCIAL WELLNESS CHALLENGE



Location: Lincoln Community Center Gym

Proudly sponsored by Golden 1 Credit Union. This engaging simulation activity is specifically designed for high school students, offering a chance to develop essential modern-day money management skills within a fun and risk-free environment. Participants will assume new identities that include an income, a child, and sometimes a spouse, each with unique financial needs. Their objective is to navigate through eight interactive stations, making spending decisions that align with their budget.

Ages: 15 to 18
Saturday • 10:00 AM to 11:30 AM
YE124.104 • 3/9 • FREE



DID YOU KNOW?

- LINCOLN RECREATION OFFERS SCHOLARSHIPS TO LOW INCOME FAMILIES THAT COVER UP TO 50% OF RECREATION PROGRAM REGISTRATION COSTS.
- YOU CAN INQUIRE ABOUT FACILITY RENTALS AND REPORT PARK ISSUES ONLINE AT LINCOLNCA.GOV.
- LINCOLN RECREATION ACCEPTS YEAR-ROUND SPONSORSHIPS FOR OUTDOOR MOVIE NIGHTS, CONCERTS IN THE PLAZA, FLOATING PUMPKIN PATCH, TURKEY TROT, AND MORE.
- WE ACCEPT CHARTER SCHOOL VOUCHERS THAT COVER THE COST OF MOST RECREATION PROGRAMS AND CAN BE USED TOWARD P.E. CREDITS.

VOLUNTEER WITH LINCOLN RECREATION

AGES: 14 & UP

The Recreation Department offers many opportunities for volunteering. Check out the programs you can participate in to make a difference in our community.

For more information and volunteer applications scan the QR code.



Want to stay in the loop with Lincoln Recreation?

EMAIL US AT RECREATION@LINCOLNCA.GOV

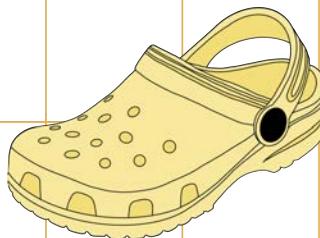
TO BE SENT THE MOST RECENT INFORMATION ON CLASSES, CAMPS, SPECIAL EVENTS, SPORTS LEAGUES, FACILITY RENTALS AND MORE!

7.

KIDS KAMP



WHAT IS KIDS KAMP?



Camps keep children engaged, active, and thriving. Kids Kamp's goal is to offer community enrichment and we are committed to providing a fun, safe, age-appropriate program that encourages social development and promotes diverse experiences. Our seasonal program is in unison with Western Placer Unified School District's (WPUSD) breaks. Camp days include, but are not limited to, art activities, creative play, sports, and games. Our trained counselors are dedicated to providing an uplifting and healthy space for your child.

To learn more about our seasonal camps visit: www.lincolnrec.net

Register for Kids Kamp programs by scanning the QR code.



AGES 5 TO 12 SPRING BREAK CAMP

MARCH 25 TO MARCH 29, 2024

Looking for a super fun and awesome experience for your child during Spring Break?! Kids Kamp is the ultimate day camp and has been a favorite program in Lincoln for years! Every-bunny loves Kids Kamp!

Campers spend their day playing high energy activities, creating art masterpieces, experimenting with silly science projects, and so much more!

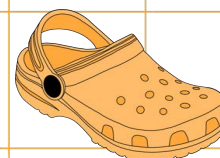
Registration is OPEN!

SUMMER CAMP

JUNE TO AUGUST, 2024

Summer Kids Kamp is an action-packed 8-week day camp that is sure to keep your kiddos smiling all Summer long! Kids Kamp takes place Monday-Friday from 9:00 AM-3:30 PM with optional pre-care and after-care services. Campers enjoy creative art activities, wacky science experiments, silly games, and high-energy sports. We are hoping to incorporate weekly field trips back into the schedule again and of course will definitely continue with everyone's favorite... pizza day!

Registration is projected to open in February 2024. Keep an eye out for early bird registration specials!



KIDS KAMP



LINCOLN RECREATION

DEADLINE TO APPLY:
MAY 3, 2024

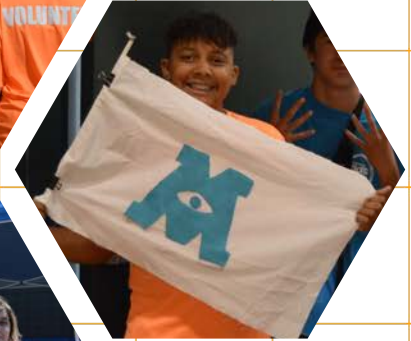
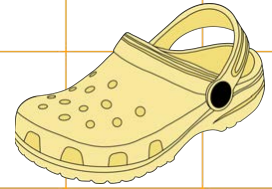
v o l u n t e e r

**MAKE A DIFFERENCE!
GAIN WORK EXPERIENCE!
HAVE FUN!**

MUST BE AT LEAST 14 TO APPLY.

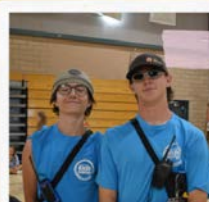
JOIN US!

DOWNLOAD INFO PACKET AT:
WWW.LINCOLNCA.GOV



KIDS KAMP IS HIRING FOR SUMMER CAMP!

Are you interested in a totally fun, silly, and rewarding part-time job for Summer 2024? Do you love working with children and creating special experiences for them? Then Kids Kamp might just be the perfect seasonal job for you! We are hiring counselors ages 16+ and our recruitment process will begin in February 2024. Make sure to check the CalOpps website for more information if this sounds like a good fit for you!



AQUATICS

LIFEGUARD TRAINING

Lifeguard training classes teach participants the knowledge and skills needed to prevent and respond to aquatic emergencies. Successful completion of the classes provide the certifications needed for lifeguards in California. Get certified today!



LIFEGUARD/FIRST AID/CPR/AED WITH FIRST AID FOR PUBLIC SAFETY PERSONNEL CLASS

Location: McBean Pool



This class will teach participants the knowledge and skills needed to prevent and respond to aquatic emergencies. The class provides certifications needed for Lifeguards in California; Lifeguarding, CPR/AED for the Professional Rescuer, First Aid for Public Safety Personnel (Title 22) and Bloodborne Pathogens. You must pass an untimed 300-yard swim using front crawl and breaststroke and a timed 20-yard swim starting in the water, surface dive (head or feet first) to 10 lb. object between 7 and 10 feet, surface and swim back holding object on surface of the water with both hands in 1 minute 40 seconds. Participants must be 15 years of age by the last date of class. Must bring pocket mask, and American Red Cross Lifeguard Manual to class, they can be purchased from an American Red Cross office or online.

Ages: 15 (by the last day of class) and up
Dates: 3/25 to 3/29
Times: 8:00 AM to 6:00 PM
AQ24.200 • \$250/\$255NR



PREREQUISITES

- Prerequisites:
- Complete an untimed continuous 300-yard swim using front crawl and/or breaststroke.
 - Timed 20-yard swim with water start followed by a surface dive (head or feet first) to retrieve a 10lb. object between 7 to 10 feet before returning to the surface and swimming back to the start while holding the object at water surface with both hands and exiting the water in 1 minute and 40 seconds (no goggles).
 - Tread water for 2 minutes using legs only (no arms).

MARK YOUR CALENDARS WATER FITNESS PROGRAMS



Water Fitness admission fees apply to Water Aerobics and Lap Swim.
16 and over.....\$5

WATER AEROBICS

Take advantage of the water's natural resistance in a low impact environment. This class is a combination of shallow and deep-water aerobics and suitable for all fitness levels.

Begins 5/6
Mondays and Wednesdays • 7:30 PM to 8:15 PM

LAP SWIM

Participants may swim laps, water walk, or exercise at their own pace. Kickboards, pull buoys and noodles are available upon request.

Begins 5/7
Tuesdays and Thursdays • 7:30 PM to 8:30 PM

McBean Memorial Pool
61 McBean Park Drive, Lincoln, CA 95648
916-434-3230




JOIN OUR TEAM

WE ARE

HIRING!

FEB. 2024

www.calopps.org

LIFEGUARDS
+
WATER SAFETY INSTRUCTORS




SKYHAWKS

Location: McBean Park

EVEN LITTLE ONES HAVE BIG GOALS. Developing motor skills, promoting physical fitness and instilling a love for sports.

Baseball Tots

Learning baseball has never been more fun! Baseball Tots classes focus on fine and gross motor skills as well as body control. Skyhawks teaches all the baseball basics, such as throwing, catching, hitting and running control. Parent participation recommended for ages 2 to 3 years.

Batters

Ages: 2 to 3

Wednesdays • 3:30 PM to 4:15 PM

YF1.24.108 • 3/6 to 4/3 • \$105/\$110NR

Wednesdays • 3:45 PM to 4:30 PM

YF1.24.109 • 4/17 to 5/15 • \$105/\$110NR

Hitters

Ages: 4 to 5

Wednesdays • 4:20 PM to 5:05 PM

YF1.24.110 • 3/6 to 4/3 • \$105/\$110NR

Wednesdays • 4:45 PM to 5:15 PM

YF1.24.111 • 4/17 to 5/15 • \$105/\$110NR



LINCOLN KUK SOOL WON

Location: Lincoln Community Center Classroom

Kuk Sool Won, a traditional Korean Martial Art, can benefit anyone. In this program students will develop strength, quickness, balance, timing, flexibility and coordination while improving concentration, self-discipline and self-control.

Turtle Tots

Ages: 3 to 5

Tuesdays • 5:30 PM to 6:00 PM

YF1.24.121 • 1/9 to 2/13 • \$72/\$77NR

YF1.24.122 • 2/20 to 3/26 • \$72/\$77NR

YF1.24.123 • 4/2 to 5/7 • \$72/\$77NR



LINCOLN FAMILY TAEKWONDO

Location: Lincoln Family Taekwondo, 615 5th Street

Young children are curious and active – and they sometimes have difficulty learning to control their bodies and their behavior. They crave structure and thrive in an environment that's supportive, educational, and fun. Includes semiprivate introductory lesson. Official Taekwondo Uniform (over \$50 value) FREE with registration!

Early / Basic Tigers

Ages: 3 to 6

Mondays and Wednesdays • 6:00 PM to 6:40 PM

YF1.24.141 • 2/5 to 2/14 • \$60/\$65NR

YF1.24.140 • 3/4 to 3/13 • \$60/\$65NR

YF1.24.139 • 4/1 to 4/10 • \$60/\$65NR



TINY TOT PLAYTIME

Location: Lincoln Community Center Classroom

Connect with other parents as you watch your toddler play and interact with other children in a positive and safe environment. Toddlers will have an hour of unstructured fun time to jump, climb, slide, swing, and make new friends. This class is weekly, on a drop in basis. You can attend as many classes as you want! Drop-in fees are paid at the Community Center each class.

Children must be accompanied by an adult.

Drop-ins

Ages: 18 months to 3.5

Tuesdays • 9:00 AM to 11:00 AM

1/16 to 4/16 • \$5/child/class

*No drop-in 3/26



PRESCHOOL PROGRAMS

VISION SOCCER



Location: Various

Toddle Ballers

Location: Foskett Regional Park

A fun introduction to soccer! In addition to basic soccer skills such as using your feet to run with a ball, this program also develops basic coordination and dexterity. Participation from a parent/guardian or an older sibling is required.

Ages: 2 to 3

Mondays • 4:15 PM to 4:55 PM

YF1.24.630 • 3/4 to 3/25 • \$75/\$80NR

YF1.24.631 • 4/8 to 4/29 • \$75/\$80NR

Futsal Toddle Ballers

Location: Foskett Ranch Elementary Gym

Join Futsal Factory and Vision Soccer for action packed classes, designed to help players learn and develop all of the key skills required to be a successful Futsal and soccer player.

Ages: 2 to 3

Saturdays • 1:00 PM to 1:40 PM

YF1.24.146 • 1/20 to 2/10 • \$68/\$73NR

YF1.24.147 • 2/24 to 3/16 • \$68/\$73NR



EXPRESSIONS ACADEMY OF DANCE

Location: Expressions Dance Studio, 780 Sterling Parkway Suite 30



Creative Movement

Whether dancers are galloping like a horse across the floor, flying like fairies in a circle or playing freeze dance to end class, they are learning, creating and building confidence. This class includes Ballet, basic tumbling skills, yoga, creative movement and imagination.

Ages: 3 to 4

Saturdays • 9:30 AM to 10:15 AM

DA1.24.114 • 1/6 to 1/27 • \$98/\$103NR

DA1.24.115 • 2/3 to 2/24 • \$98/\$103NR

DA1.24.116 • 3/2 to 3/23 • \$98/\$103NR

DA1.24.117 • 4/6 to 4/27 • \$98/\$103NR



TAMRALOO STUDIOS

Location: Tamraloo Studios, 578 E Street



Preschool Performers

Preschool performers will focus on singing, dancing, and basic stage etiquette. Each class includes vocal techniques, simple choreography, and theater exercise that help children develop their musicality, coordination, and stage presence. At the end of the semester, children will showcase everything they've learned in a performance.

Ages: 3 to 5

Wednesdays • 10:00 AM to 11:00 AM

YE1.24.105 • 1/10 to 5/1 • \$340/\$345NR

*No Class 3/27



register online

Scan the QR code or visit www.lincolnrec.net



YOUTH PROGRAMS

Youth Enrichment Camps & Classes

LINCOLN SCULPTORS

SEASON CLASS PASS

Location: Lincoln Community Center Classroom

Sculptor and Kids Kamp Counselor, Jalissa, will be teaching young sculptors or future sculptors different techniques. Each participant will be taught to make pieces that match their skill level. Students can keep what they create for themselves or give as a gift for that special someone!



Ages: 7 to 12

Saturday • 10:00 AM to 12:00 PM

YE1.24.111 • 3/16 • \$75/\$80NR

NEW

LINCOLN POTTERY

SEASON CLASS PASS

Location: Lincoln Community Center Classroom

Potter and Kids Kamp Counselor, Jalissa, will be teaching young potters or future potters' different techniques. Each participant will be taught to make pieces that match their skill level. Students can keep what they create for themselves or give as a gift for that special someone!



Ages: 10 to 15

Saturday • 10:00 AM to 12:00 PM

YE1.24.106 • 2/17 and 3/2 • \$70/\$75NR

NEW

TAMRALOO STUDIOS

Location: Tamraloo Studios, 578 E Street



Acting Improv

Come work on developing a new set of acting and character development techniques by playing games and getting creative! Perfect for new to stage and expert thespians alike!

Ages: 10 and up

Thursdays • 6:00 PM to 7:00 PM

YE1.24.101 • 1/11 to 5/1 • \$340/\$345NR

*No Class 3/28



Bel Canto

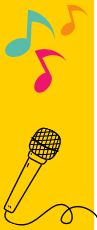
Tamraloo's 5 to 8 year old ensemble voice class will introduce your student to healthy vocal technique, proper breathing, appropriate singing posture, performance etiquette and more! Vocalists will work as a group, using sheet music, and will perform for parents at the end of the semester.

Ages: 5 to 8

Thursdays • 6:30 PM to 7:15 PM

YE1.24.109 • 1/11 to 5/16 • \$380/\$385NR

*No Class 3/28



SEASON CLASS PASS

Purchase a season class pass and enroll in up to 5 classes for family members residing in the same household. You can choose between sessions for Lincoln Explorers, Desserts with Dalila, Presidents Day Cheer Clinic, Krafts with Kalina, and Lincoln Pottery! Also receive an official Lincoln Explorers kit. A \$320 value for only \$199!

Please contact Lincoln Recreation at 916-434-3220 for class enrollment and further details.

* Not eligible with scholarship program.

Location: Various

YE1.24.101 • Winter/Spring Session • \$199/\$204NR



EXPRESSIONS ACADEMY OF DANCE

Location: Expressions Dance Studio,
780 Sterling Parkway Suite 30



Hip Hop Minis

This class combines Jazz and Hip Hop in a fun and age appropriate way! Learn the basic techniques of both genres, and create exciting and energetic dances. Teachers will get kids up and moving in no time after warm ups with jumping jacks, push ups, and lots of core work to get those hip hop freezes down!

Ages: 4 to 5

Fridays • 3:30 PM to 4:25 PM

DA1.24.102 • 1/5 to 1/26 • \$104/\$109NR

DA1.24.103 • 2/2 to 2/23 • \$104/\$109NR

DA1.24.104 • 3/1 to 3/22 • \$104/\$109NR

DA1.24.105 • 4/5 to 4/26 • \$104/\$109NR



Hip Hop

This class teaches Hip Hop in a fun and age-appropriate way! Learn basic techniques, and create exciting and energetic dances. Teachers will get kids up and moving in no time after warm ups with jumping jacks, pushups, and lots of core work to get those hip hop freezes down!

Ages: 6 to 9

Fridays • 4:30 PM to 5:25 PM

DA1.24.108 • 1/5 to 1/26 • \$104/\$109NR

DA1.24.109 • 2/2 to 2/23 • \$104/\$109NR

DA1.24.110 • 3/1 to 3/22 • \$104/\$109NR

DA1.24.111 • 4/5 to 4/26 • \$104/\$109NR



Ballet

For all of the Ballerinas at heart! In this setting, regardless of age, focus is on technique, heart, terminology and determination. These classes are perfect for young dancers just starting out or for those building on their skill.

Ages: 6 to 9

Fridays • 5:30 PM to 6:25 PM

DA1.24.112 • 1/5 to 1/26 • \$104/\$109NR

DA1.24.113 • 2/2 to 2/23 • \$104/\$109NR

DA1.24.118 • 3/1 to 3/22 • \$104/\$109NR

DA1.24.119 • 4/5 to 4/26 • \$104/\$109NR



Ballet & Tap

For the dancer who loves to move! Class begins with ballet; stretching, warm ups, and technique. Shoes are changed halfway through and then it's time to tap! The ballet and tap combo give students the ability to try two styles within one class to experience both the classics of ballet and fun of tap!

Ages: 4 to 5

Saturdays • 10:30 AM to 11:25 AM

DA1.24.122 • 1/6 to 1/27 • \$104/\$109NR

DA1.24.123 • 2/3 to 2/24 • \$104/\$109NR

DA1.24.124 • 3/2 to 3/23 • \$104/\$109NR

DA1.24.125 • 4/6 to 4/27 • \$104/\$109NR



register online

Scan the QR code or visit www.lincolnrec.net



YOUTH PROGRAMS

Youth Enrichment Camps & Classes

MAD SCIENCE



Location: Lincoln Crossing Elementary

Mad Science of Sacramento Valley is a leading science enrichment provider. They deliver unique, hands-on science experiences for children through workshops and summer camps. Their innovative programs are as entertaining as they are educational! Come experience it for yourself!

EUREKA! The Inventors Camp

Be inspired by the most famous inventors in history - Ben Franklin, the Wright Brothers, Leonardo Da Vinci, Rube Goldberg! - and create your OWN inventions! Use their techniques to break through a series of modern day challenges. You will learn how to invent solutions to problems and make them come to life, just like these legendary innovators did. Construct catapults and forts, design underwater vehicles, build a mini-amplifier, and assemble a working lightsaber to take home.

Ages: 6 to 12

Monday thru Friday • 9:00 AM to 12:00 PM

YE1.24.102 • 3/25 to 3/29 • \$180/\$185NR



PLAY-WELL TEKNOLOGIES



Location: Lincoln Community Center Classroom

Easter Bunny Workshop with LEGO

This Spring, join Play-Well TEKnoLogies for a LEGO® Easter Bunny workshop! Participants will have the opportunity to engineer and build their own hopping Easter Bunny, then use their creativity and imagination to deliver Easter eggs and other goodies, all with the guidance of egg-cellent Play-Well instructors.

Ages: 5 to 10

Saturday • 10:00 AM to 12:00 PM

YE1.24.100 • 3/23 • \$40/\$45NR



DESSERTS WITH DALILA

SEASON CLASS PASS

Location: McBean Pavilion Kitchen

Spring Treats

Hop into Spring with some new baking skills! Come learn to bake all things spring while picking up or mastering your baking skills. Each baker will get to bake 2 to 3 treats from scratch along with learning basic kitchen etiquette, skills, and techniques. Participants will also get to taste their creations and take home to share with the entire family.

Ages: 5 to 12

Saturday • 9:00 AM to 12:00 PM

YE1.24.114 • 2/17 • \$40/\$45NR



register online

Scan the QR code or visit www.lincolnrec.net



ART LEAGUE OF LINCOLN



Location: Art League of Lincoln, 580 Sixth Street

The vision of the Art League of Lincoln is to thrive as a vital cultural center for the Greater Lincoln Area by fostering educational and innovative events in visual arts, music, poetry, and the performing arts through local partnerships.

January Kids Art Camp

Start the new year off right with the January kids art camp! Students will complete several projects during class, including painting, mixed media and clay. All supplies and snacks are included with registration.

Ages: 7 to 12

Tuesday thru Friday • 10:30 AM to 1:00 PM

EN1.24.200 • 1/2 to 1/5 • \$125/\$130NR

February Paint N' Create

Come join the Art League of Lincoln for a paint and create class!

Students will create a paint project on canvas.

All supplies and snacks are included with registration.

Ages: 7 to 12

Saturday • 10:30 AM to 1:00 PM

EN1.24.202 • 2/17 • \$45/\$50NR

March Kids Art Camp

Hop into spring with the Art League of Lincoln's March art camp!

Students will complete several projects during camp, including painting, mixed media, and clay. All supplies and snacks are included with registration.

Ages: 7 to 12

Monday thru Thursday • 10:30 AM to 1:00 PM

EN1.24.201 • 3/25 to 3/28 • \$125/\$130NR

April Paint N' Create

Paint and create away this spring with an Art League of Lincoln class! Students in this class will create a mixed media project. All supplies and snacks are included with registration.

Ages: 7 to 12

Saturday • 10:30 AM to 1:00 PM

EN1.24.203 • 4/20 • \$45/\$50NR



LINCOLN EXPLORERS

SEASON CLASS PASS

Location: Twelve Bridges Park

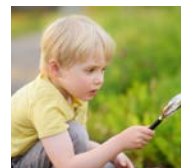
Twelve Bridges Adventures

Join Lincoln native and Kids Kamp counselor, Kalina, for some adventures at our very own Lincoln parks. Young explorers will learn the basic safety measures of becoming an explorer, go on nature walk scavenger hunts, collect/inspect bugs, trees, sticks, leaves and so much more! This class also comes with an official Lincoln Explorers adventure kit for each explorer. Now come join us for some fresh air and fun adventures!

Ages: 5 to 10

Saturdays • 10:30 AM to 12:00 PM

YE1.24.152 • 4/6 to 4/27 • \$50/\$55NR



KRAFTS WITH KALINA

SEASON CLASS PASS

Location: Lincoln Community Center Classroom

Spring Twist with T-Swift

Artist and Kids Kamp Counselor, Kalina, will be leading an era of crafts! Including friendship bracelets, creative signs, colorful drawings, paintings, and more! Did we mention all of this will be taking place while jamming out to Taylor Swift Eras Tour?!?! Crafters get to take all their creations home with them. Come join the fun!

Ages: 5 to 12

Saturday • 9:00 AM to 12:00 PM

YE1.24.103 • 3/9 • \$40/\$45NR



NEW



YOUTH PROGRAMS

NATIONAL ACADEMY OF ATHLETICS



Location: Various

If your child loves sports, they will love these programs! National Academy of Athletics' (NAofA) experienced, positive, and passionate coaches will help your child become a better, more inspired athlete while falling in love with sports.

All Sorts of Sports Presidents' Day Camp

Location: McBean Park

The All Sports Camp is a perfect place for kids to be introduced to the world of sports and an active, healthy lifestyle. This multi-sport camp may include sports like basketball, soccer, and flag football. Other games may include dodgeball, wiffleball, kickball, capture the flag, and ultimate frisbee. Kids will PLAY HARD and HAVE FUN!

Ages: 7 to 13

Friday • 9:00 AM to 3:00 PM

YF1.24.130 • 2/16 • \$60/\$65

Pickleball Club



Location: McBean Park Pickleball Courts

The World's fastest-growing sport is now a class your kids will love. The game is easy to learn and tons of fun. Pickleball helps kids learn hand-eye coordination, agility and balance, and provides social interaction in a team setting. Each day participants are taught the fundamentals of serving and receiving the ball, volleying, dinking, positioning, and scoring.

Ages: 7 to 13

Sundays • 11:15 AM to 12:15 PM

YF1.24.216 • 4/7 to 4/28 • \$78/\$83NR



GOOD SPORT U

Location: Various

Hoop Improvement

The City of Lincoln's Recreation Department and Good Sport U are teaming up to offer a unique youth basketball program this Winter that will provide your young player(s) the opportunity to play basketball in a fun and positive learning environment. Each clinic will have fun, easy to learn instruction that will develop your son and/or daughters' knowledge, skills and love of the game. Some parental participation is requested.

Location: Twelve Bridges Elementary School

Ages: 5 to 8

Wednesdays • 6:00 PM to 6:55 PM

YF1.24.127 • 3/6 to 4/3 • \$65/\$70NR

*No Class 3/27

Ages: 9 to 12

Wednesdays • 7:00 PM to 7:55 PM

YF1.24.129 • 3/6 to 4/3 • \$65/\$70NR

*No Class 3/27

Location: Foscett Ranch Elementary School

Ages: 5 to 8

Wednesdays • 6:00 PM to 6:55 PM

YF1.24.128 • 4/10 to 5/1 • \$65/\$70NR

Ages: 9 to 12

Wednesdays • 7:00 PM to 7:55 PM

YF1.24.131 • 4/10 to 5/1 • \$65/\$70NR



PRESIDENTS' DAY CHEER CLINIC

SEASON CLASS PASS

Location: McBean Park Gazebo

LHS Cheerleader, Sydney, is hosting a one-day Presidents' Day Cheer Clinic! Participants will be taught beginner to intermediate cheers, dances, tumbling and stunting sequences. Each participant will also make their very own cheer bow to wear and keep!

Ages: 4 to 14

Friday • 9:00 AM to 12:00 PM

YF1.24.150 • 2/16 • \$100/\$105NR



VISION SOCCER



Location: Foscett Regional Park

Join Futsal Factory and Vision Soccer for action packed classes, designed to help players learn and develop all of the key skills required to be a successful Futsal and soccer player.

Kinder Kickers

Class curriculum uses fun games and activities to broadly introduce soccer concepts, team sports, and teach core soccer skills. As this is an introduction to the sport, there is no special skills, knowledge or equipment needed.

Ages: 4 to 5

Mondays • 5:00 PM to 5:45 PM

YF1.24.624 • 3/4 to 3/25 • \$75/\$80NR

YF1.24.625 • 4/8 to 4/29 • \$75/\$80NR



Juniors

This program uses activities to introduce and refine core soccer skills. More attention is focused on skill development and precision. While still considered an introductory session to soccer, no special skills or knowledge are needed.

Ages: 6 to 8

Mondays • 5:50 PM to 6:35 PM

YF1.24.629 • 3/4 to 3/25 • \$79/\$84NR

YF1.24.632 • 4/8 to 4/29 • \$79/\$84NR



Cadets

Class incorporates fun challenges and multi-skill combinations to continually challenge players as they work through a series of exercises that introduce basic to advanced 1v1 foot skills. Focus is also given to increasing proficiency in core skills and correcting bad habits. This program is intended for all players, from new to soccer to competitive level-players.

Ages: 9 to 12

Mondays • 6:40 PM to 7:30 PM

YF1.24.633 • 3/4 to 3/2 • \$79/\$84NR

YF1.24.634 • 4/8 to 4/29 • \$79/\$84NR



FUTSAL FACTORY

Location: Foscett Ranch Elementary Gym



Kinder Kickers

Ages: 3 to 5

Saturdays • 1:45 PM to 2:30 PM

YF1.24.602 • 1/20 to 2/10 • \$75/\$80NR

YF1.24.603 • 2/24 to 3/16 • \$75/\$80NR

Juniors

Ages: 6 to 8

Saturdays • 2:35 PM to 3:20 PM

YF1.24.604 • 1/20 to 2/10 • \$75/\$80NR

YF1.24.605 • 2/24 to 3/16 • \$75/\$80NR

Cadets

Ages: 8 to 10

Saturdays • 3:25 PM to 4:15 PM

YF1.24.609 • 1/20 to 2/10 • \$79/\$84NR

YF1.24.610 • 2/24 to 3/16 • \$79/\$84NR



SEASON CLASS PASS

Purchase a season class pass and enroll in up to 5 classes for family members residing in the same household. You can choose between sessions for Lincoln Explorers, Desserts with Dalila, Presidents Day Cheer Clinic, Krafts with Kalina, and Lincoln Pottery! Also receive an official Lincoln Explorers kit. A \$320 value for only \$199!

Please contact Lincoln Recreation at 916-434-3220 for class enrollment and further details.

* Not eligible with scholarship program.

Location: Various

YE1.24.101 • Winter/Spring Session • \$199/\$204NR



NEW

NEW

YOUTH PROGRAMS

SKYHAWKS



Location: Various

Skyhawks Sports Academy serves children ages 4 to 14, through programs that feature skill-based sports instruction with a focus on teaching life skills through sports.

Tennis

Location: Robert Jimenez Tennis Courts

Grab your tennis racket and get ready to play! Whether your child is a beginning or intermediate player, this program will improve their game and help them get more enjoyment from tennis. Skyhawks' tennis programs focus is on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players.

Ages: 6 to 8

Tuesdays • 3:30 PM to 4:30 PM

YF1.24.102 • 1/23 to 2/20 • \$105/\$110 NR

YF1.24.103 • 3/5 to 4/2 • \$105/\$110 NR

Tuesdays • 4:00 PM to 5:00 PM

YF1.24.104 • 4/16 to 5/14 • \$105/\$110 NR

Ages: 9 to 12

Tuesdays • 4:45 PM to 5:45 PM

YF1.24.105 • 1/23 to 2/20 • \$105/\$110 NR

Tuesdays • 4:35 PM to 5:35 PM

YF1.24.106 • 3/5 to 4/2 • \$105/\$110 NR

Tuesdays • 5:15 PM to 6:15 PM

YF1.24.107 • 4/16 to 5/14 • \$105/\$110 NR



Beginning Golf

Location: McBean Park

Skyhawks Beginning Golf is powered by Payne Stewart Experiences, the recommended entry-level golf program for PGS Junior Golf Camps. The unique, games-based play program and modified learning equipment makes it easier for kids to hit the ball and experience early success. Putting, chipping, pitching and full swing, are all taught through games, repetitive motions and learning rhymes that make it easy for young kids to remember and repeat.

Ages: 4 to 6

Thursdays • 3:30 PM to 4:15 PM

YF1.24.112 • 3/7 to 4/4 • \$105/\$110NR

Thursdays • 3:45 PM to 4:45 PM

YF1.24.117 • 4/18 to 5/16 • \$105/\$110NR

Ages: 7 to 9

Thursdays • 4:20 PM to 5:20 PM

YF1.24.118 • 3/7 to 4/4 • \$105/\$110NR

Thursdays • 5:00 PM to 6:00 PM

YF1.24.119 • 4/18 to 5/16 • \$105/\$110NR



LINCOLN KUK SOOL WON

Location: Lincoln Community Center Classroom



LINCOLN KUK SOOL WON

Develop strength, quickness, balance, flexibility and coordination as well as improve your powers of concentration, self-discipline and self-confidence with the traditional martial art form of Korea, Kuk Sool Won.

\$100 Startup fee for NEW PARTICIPANTS (includes uniform, LKSW tee-shirt, belt, instruction handout plus CD & WKSA membership). Payable to instructor at first class. Applies only to Juniors 1 and Juniors 2/Adult classes.

Turtle Tots

Ages: 3 to 5

Tuesdays • 5:30 PM to 6:00 PM

YF1.24.121 • 1/9 to 2/13 • \$72/\$77NR

YF1.24.122 • 2/20 to 3/26 • \$72/\$77NR

YF1.24.123 • 4/2 to 5/7 • \$72/\$77NR



Dragons

Ages: 5 to 6

Wednesdays • 5:30 PM to 6:00 PM

YF1.24.136 • 1/10 to 2/14 • \$90/\$95NR

YF1.24.137 • 2/21 to 3/27 • \$90/\$95NR

YF1.24.138 • 4/3 to 5/8 • \$90/\$95NR

Juniors 1

Ages: 6 to 12

Mondays and Wednesdays • 6:00 PM to 7:00 PM

YF1.24.114 • 1/8 to 2/14 • \$110/\$115NR

YF1.24.115 • 2/19 to 3/27 • \$110/\$115NR

YF1.24.116 • 4/1 to 5/8 • \$110/\$115NR

Juniors 2 / Adults

In this program you will develop strength, quickness, balance, timing, flexibility and coordination while improving your concentration, self-discipline and self-control. This class is for adults as well as a step up from Juniors 1.

Ages: 7 and up

Tuesdays and Thursdays • 6:00 PM to 7:00 PM

YF1.24.124 • 1/9 to 2/15 • \$110/\$115NR

YF1.24.125 • 2/20 to 3/28 • \$110/\$115NR

YF1.24.126 • 4/2 to 5/9 • \$110/\$115NR



TAEKWONDO for Kids



Location: Lincoln Family Taekwondo, 615 5th Street

Give your kids the lifelong gifts of personal success, confidence, discipline, and self-defense! Martial arts classes normally make you think of self-defense, being strong, fit and safe. The truth is, it's all that and WAY more! Includes semiprivate introductory lesson. Official Taekwondo Uniform (over \$50 value) FREE with registration!

Ages: 7 to 12

Tuesdays and Thursdays • 6:00 PM to 6:40 PM

YF1.24.142 • 2/6 to 2/15 • \$60/\$65NR

YF1.24.143 • 3/5 to 3/14 • \$60/\$65NR

YF1.24.144 • 4/2 to 4/11 • \$60/\$65NR



LINCOLN POLICE ACTIVITIES LEAGUE (LPAL)

Location: Lincoln Community Center

Lincoln Police Activities League (PAL) is a non-profit organization dedicated to fostering positive relationships founded on mutual respect, trust and understanding between police officers and young people. PAL's motto is "bridging the gap between cops and kids." This league is run by the Lincoln Police Department (LPAL) committee in conjunction with the Lincoln Recreation registration system.

Through PAL, young people are afforded the opportunity to participate in meaningful activities such as:

- National Night Out
- Shop with a Cop
- Fishing derbies
- Recreational Activities
- Jr. Potters Program



Lincoln PAL is in the process of updating this program and is currently offering a few of these programs and will be bringing back other activities in the near future based on availability of officers.

Ages: 8 to 18

Days/Times Correspondence via email

LP1.23.001 • FREE REGISTRATION

register online

Scan the QR code or visit www.lincolnrec.net



TEEN PROGRAMS

SHINE DANCE FITNESS



Location: Lincoln Community Center Classroom

SHINE Dance Fitness™ brings original routines to life using hit music and choreography for all-abilities. Rooted in jazz, ballet, and hip-hop, this workout gives you a creative outlet to escape from daily stress. Each class includes the perfect balance of high cardio and toning to ensure you receive a full-body workout with real results.

Ages: 14 to 75

Tuesdays and Thursdays • 4:15 PM to 5:15 PM

AF1.24.102 • 1/9 to 2/15 • \$70/\$75NR

AF1.24.103 • 2/20 to 3/21 • \$70/\$75NR

AF1.24.104 • 4/2 to 5/2 • \$70/\$75NR



TAEKWONDO for Teens

Location: Lincoln Family Taekwondo, 615 5th Street

Teenagers need an outlet for their frustrations – and to learn how to be their best. Includes semiprivate introductory lesson. Official Taekwondo Uniform (over \$50 value) FREE with registration!

Ages: 13 to 17

Mondays and Wednesdays • 8:00 PM to 8:40 PM

YF1.24.145 • 2/5 to 2/14 • \$60/\$65NR

YF1.24.148 • 3/4 to 3/13 • \$60/\$65NR

YF1.24.149 • 4/1 to 4/10 • \$60/\$65NR



TAMRALOO STUDIOS

Location: Tamraloo Studios, 578 E Street

Lincoln Lyrics

Tamraloo's 9 to 14 ensemble voice class introduces solo singing and sight reading to your vocalist in a group setting. Vocalists will learn a variety of genres and perform for parents at the end of the semester.

Ages: 9 to 14

Thursdays • 4:00 PM to 5:00 PM

YE1.24.108 • 1/11 to 5/16 • \$380/\$385NR

*No Class 3/28

Acting Improv

Come work on developing a new set of acting and character development techniques by playing games and getting creative!

Ages: 10 and Up

Thursdays • 6:00 PM to 7:00 PM

YE1.24.101 • 1/11 to 5/1 • \$340/\$345NR

*No Class 3/28



LINCOLN KUK SOOL WON

Location: Lincoln Community Center Classroom

\$100 Startup fee for NEW PARTICIPANTS (includes uniform, LKSW tee-shirt, belt, instruction handout plus CD & WKSA membership). Payable to instructor at first class. Applies only to Juniors 1 and Juniors 2/Adult classes.

Juniors 2 / Adults

Kuk Sool Won, a traditional Korean Martial Art, can benefit anyone. In this program you will develop strength, quickness, balance, timing, flexibility and coordination while improving your concentration, self-discipline and self-control. This class is for adults as well as a step up from Juniors 1.

Ages: 7 and up

Tuesdays and Thursdays • 6:00 PM to 7:00 PM

YF1.24.124 • 1/9 to 2/15 • \$110/\$115NR

YF1.24.125 • 2/20 to 3/28 • \$110/\$115NR

YF1.24.126 • 4/2 to 5/9 • \$110/\$115NR



Practical Self Defense for Women

For women only. Class begins with awareness and prevention then moves on to the essentials of hand-to-hand defense training including defending from the ground and defense against weapons.

Ages: 15 and up

Friday • 7:00 PM to 8:00 PM

YF1.24.100 • 3/29 • \$10/\$15NR



Financial Wellness Challenge



Location: Lincoln Community Center Gym

Proudly sponsored by Golden 1 Credit Union. This engaging simulation activity is specifically designed for high school students, offering a chance to develop essential modern-day money management skills within a fun and risk-free environment. Participants will assume new identities that include an income, a child, and sometimes a spouse, each with unique financial needs. Their objective is to navigate through eight interactive stations, making spending decisions that align with their budget.

Ages: 15 to 18

Saturday • 10:00 AM to 11:30 AM

YE1.24.104 • 3/9 • FREE

PRESIDENTS' DAY CHEER CLINIC

SEASON CLASS PASS

Location: McBean Park Gazebo

LHS Cheerleader Sydney is hosting a one-day Presidents' Day Cheer Clinic! Participants will be taught beginner to intermediate cheers, dances, tumbling and stunting sequences. Each participant will also make their very own cheer bow to wear and keep!

Ages: 4 to 14

Monday • 9:00 AM to 12:00 PM

YF1.24.150 • 2/16 • \$100/\$105NR



LINCOLN POTTERY

SEASON CLASS PASS

Location: Lincoln Community Center Classroom

Potter, Jalissa, will be teaching young potters' beginner techniques. Each participant will be taught to make pieces that match their skill level. Students can keep what they create for themselves.

Ages: 10 to 15

Saturday • 10:00 AM to 12:00 PM

YE1.24.106 • 2/17 and 3/2 • \$75/\$80NR

🔍
ONLINE
✕

DRIVERS EDUCATION COURSE

ECONOMIC DRIVING SCHOOL

Economic Driving School

This state required Online Drivers Education Course is approved by the California Department of Motor Vehicles. Reading, flash graphics, videos, quizzes, and practice tests will prepare the student to pass the permit test at the Department of Motor Vehicles.

The course is very easy to use! Simply log into the website, enroll, and you can begin learning and achieving your goals immediately.

For more information about the course and to register go to
<https://www.economicdrivingschool.com/online/> or scan the QR code.

Instructions to register:
 Under "how did you hear about us?" enter the code "3223"
 To receive 40% off the course enter the promo code "1978"

The cost of the course is \$68.50, however, with the above discount it comes to \$41.10!

Visit Website <https://www.economicdrivingschool.com/online/>

VOLUNTEER WITH LINCOLN RECREATION

AGES: 14 & UP

The Recreation Department offers many opportunities for volunteering. Check out the programs you can participate in to make a difference in our community.

For more information and volunteer applications scan the QR code.

ADULT PROGRAMS

LINCOLN KUK SOOL WON

Location: Lincoln Community Center Classroom



Develop strength, quickness, balance, flexibility and coordination as well as improve your powers of concentration, self-discipline and self-confidence with the traditional martial art form of Korea, Kuk Sool Won.

\$100 Startup fee for NEW PARTICIPANTS (includes uniform, LKSW tee-shirt, belt, instruction handout plus CD & WKSA membership). Payable to instructor at first class.

Juniors 2 / Adults

Kuk Sool Won, a traditional Korean Martial Art, can benefit anyone. In this program you will develop strength, quickness, balance, timing, flexibility and coordination while improving your concentration, self-discipline and self-control. This class is for adults as well as a step up from Juniors 1.

Ages: 7 and up

Tuesdays and Thursdays • 6:00 PM to 7:00 PM

YF1.24.124 • 1/9 to 2/15 • \$110/\$115NR

YF1.24.125 • 2/20 to 3/28 • \$110/\$115NR

YF1.24.126 • 4/2 to 5/9 • \$110/\$115NR

Practical Self Defense for Women

This Class is for women only. No special strength or knowledge of martial arts or fighting is needed for proper self-defense. Class begins with awareness and prevention then moves on to the essentials of hand-to-hand defense training including defending from the ground and defense against weapons. This class helps to provide general tips on how to avoid and handle dangerous situations.

Ages: 15 and up

Friday • 7:00 PM to 8:00 PM

YF1.24.100 • 3/29 • \$10/\$15NR



SHiNE DANCE FITNESS



Location: Lincoln Community Center Classroom

SHiNE Dance Fitness™ brings original routines to life using hit music and choreography for all-abilities. Rooted in jazz, ballet, and hip-hop, this workout gives you a creative outlet to escape from daily stress. Each class includes the perfect balance of high cardio and toning to ensure you receive a full-body workout with real results.

Ages: 14 to 75

Tuesdays and Thursdays • 4:15 PM to 5:15 PM

AF1.24.102 • 1/9 to 2/15 • \$70/\$75NR

AF1.24.103 • 2/20 to 3/21 • \$70/\$75NR

AF1.24.104 • 4/2 to 5/2 • \$70/\$75NR



TAEKWONDO for Adults



Location: Lincoln Family Taekwondo, 615 5th Street

Studying martial arts is something that anybody – at any age or fitness level – can do. Martial arts classes are fun, empowering, and provide a great workout for adults. Whether you want to defend yourself, lose weight, or just have fun, our adult martial arts classes have something to offer. Includes semiprivate introductory lesson. Official Taekwondo uniform (over \$50 value) FREE with registration!

Ages: 18 and up

Mondays and Wednesdays • 8:00 PM to 8:40 PM

YF1.24.151 • 2/5 to 2/14 • \$60/\$65NR

YF1.24.152 • 3/4 to 3/13 • \$60/\$65NR

YF1.24.153 • 4/1 to 4/10 • \$60/\$55NR



register online

Scan the QR code or visit www.lincolnrec.net



SENIOR PROGRAMS

SPORTS

Location: Community Center Gym



DROP IN BASKETBALL & PICKLEBALL

Back by popular demand! Beginning the new year drop-in basketball and pickleball will be open to those 18 and up. Drop in and play individually or with a group of other players.

Basketball

Ages: 18 and up

Wednesdays • 1/3 to 3/20 • 9:00 AM to 11:00 AM

\$5 Drop In

Pickleball

Ages: 18 and up

Thursdays • 1/4 to 3/21 • 9:00 AM to 11:00 AM

\$5 Drop in

*No Drop In 2/15

BRIDGE GROUP

Location: Lincoln Senior Center, 391 H Street

Looking for a fun way to spend your time and socialize?

Millions of people play bridge worldwide in clubs, tournaments, at home, online or with friends, making it one of the most popular card games, particularly among seniors. Come learn and play this trick-taking card game!

Fourth Monday of every month Jan to Apr • 1:00 PM to 4:00 PM

\$5 Per Table

DIGITAL LIBRARY TRAINING FOR SENIORS

We offer eBooks, eAudiobooks, and streaming TV, music, movies and more. Our Digital Library is open 24/7, and free with your library card. Need help getting started? Check our Digital Library Training for Seniors - it's designed for seniors, but it's great for anyone who needs step-by-step instructions on getting started. Visit Digital Library - City of Lincoln (lincolnca.gov)

MEALS ON WHEELS

Location: Lincoln Senior Center, 391 H Street

Meals on Wheels is the nation's oldest and largest community-based senior nutrition organization and supports the more than 5,000 senior nutrition programs across the country dedicated to addressing senior hunger and isolation.

Monday thru Friday • 11:30 AM to 1:00 PM

SENIOR BINGO

Location: Lincoln Senior Center, 391 H Street

B-I-N-G-O!!! Calling all Senior Bingo Lovers.

Join the Lincoln Senior Center the second Tuesday of every month for FREE Bingo with refreshments and prizes! Hope to see you there!

Second Tuesday of every month • 1:00 PM to 3:00 PM



MEDICARE 101 WORKSHOP

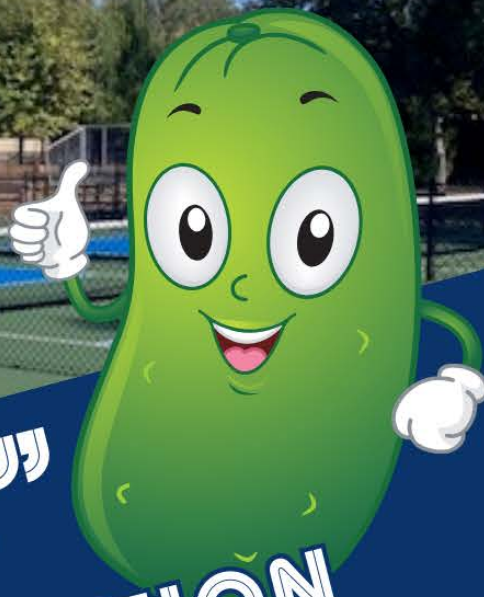
Location: Lincoln Community Center Classroom

If you are a senior and have questions about Medicare, don't know where to start or need to be pointed in the right direction, this is the workshop for you! Learn if you are eligible, enrollment periods, understand your options, and gain helpful tools/resources. This is a FREE program held for seniors once per month. Please call Medicare advocate Christy Li-Brennan at 916-292-8685 to register for workshop.

1/9 • 10:00 AM to 1:00 PM

2/13 • 10:00 AM to 1:00 PM

3/12 • 11:00 AM to 2:00 PM



“THE BIG DILL”
GRAND OPENING CELEBRATION

**COMING
APRIL 2024**



City of
Lincoln
RECREATION
MCBEAN PARK
PICKLEBALL COURTS



LIBRARY

TWELVE BRIDGES LIBRARY

CONVERSATION CLUB

Conversation Club is a fun, relaxed place for adults learning English to practice their speaking skills. Participants get to learn about mainstream American culture, share cultural traditions and make new friends! Perfect for all English language learners 16 or older, no matter what your first language is or how fluent you are in English.

Age: 16 and up

When: Tuesdays • 9/19 to 12/19 • 10:00 AM to 11:30 AM

Where: Twelve Bridges Library – Fir Room

Conversation Club is connected to the Library's Adult and Family Literacy program. This program helps adults with introductory English skills to improve in reading, writing, and math. If you're taking part in Conversation Club, you can almost certainly join Adult Literacy.

Learn more about Literacy Services on the Library's website.

HOMEWORK HELP

Our Homework Center provides a quiet, focused space for students to complete their homework. Trained homework coaches provide help with assignments. Some Western Placer Unified School District textbooks are provided in the Homework Center. Adults and caregivers do not need to attend this program with their student. The Homework Center closes during Western Placer Unified School District closures.

Grades: 1st - 8th

When: Mondays and Tuesdays • 2:45 PM to 4:45 PM •

September through May

Where: Homework Center



FAMILY STORYTIME

Bring the whole family to storytime at the library! This event features themed books, as well as movements and songs. Readers will also share helpful tips to make the most of your storytime at home.

For All Ages -

Adults must stay for program

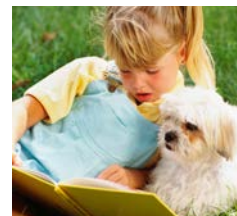
When: Mondays and Wednesdays • 3:30 PM to 4:00 PM

Where: Twelve Bridges Library



READ TO A DOG

Did you know children are less hesitant reading out loud to a dog than their peers? At Read to a Dog, each child has the chance to read out loud to a friendly and quiet therapy dog from Lend a Heart, Lend a Hand Animal-Assisted Therapy Group.



Ages: 5 and up - adults must stay for program

When: Third Saturday of each month • 3:00 PM to 4:00 PM

- Participants sign up with staff to read for a five-minute session to a dog.
- Sign-ups begin at 3:00 PM on the day of the program.

Where: Twelve Bridges Library – Homework Center

FAMILY MOVIE NIGHT

Join us for FREE Family Movie Night at the Lincoln Public Library! Doors open at 5:00 PM, and the movie starts at 5:30 PM. We look forward to seeing you here! Seating is available, but families are welcome to bring pillows, blankets, and snacks as well. Popcorn, soda, juice, and water are available for 50 cents each. Adults must accompany their child. Family Movie Night is sponsored by the Friends of the Library and the Lincoln Host Lions Club.

For All Ages - adults must stay for program

When: Third Saturday of each month • 5:30 PM to 8:00 PM

Explore everything your library card gives you!



Read anyway you like. Printed books, magazines, newspapers, and e-books and audiobooks.



Listen at home or on the go. Music and books to stream or download.



Get online and get going. Computers to use as well as free wifi.



Watch movies, TV series, and more. Borrow DVDs and videos to stream or download.

There's even more to explore with your library card:

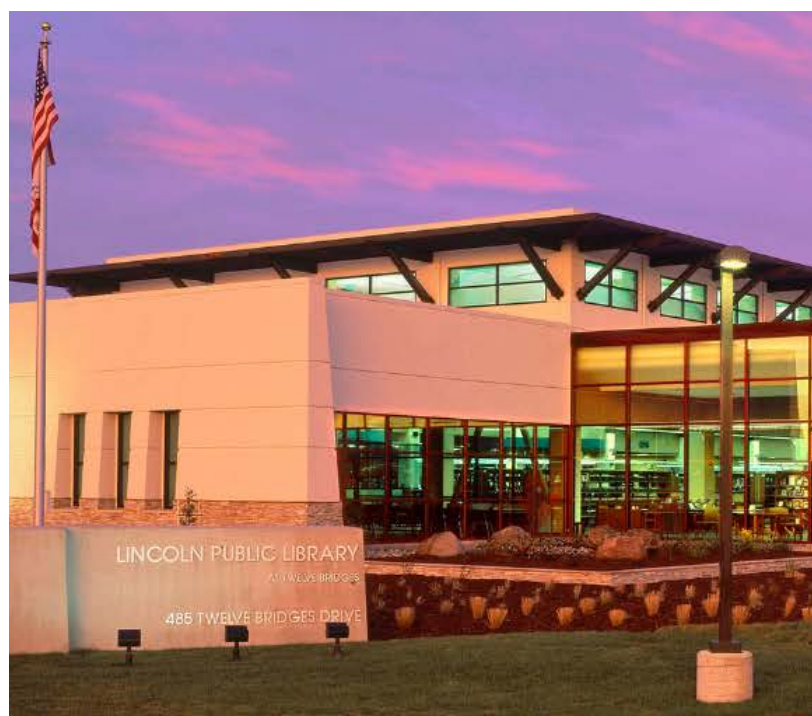
- Online programming, databases and research materials
- Expert reading recommendations
- Internet access and computers to use

LEARN something new 24/7. Digital resources are ready when you are.

BORROW instead of buy. Save money on your favorite books, movies and media.

ENTERTAIN yourself and your family. Check out the library's programming!

Sign up online today:
(or just find out more)



485 Twelve Bridges Drive
(916) 434-2410

For current hours, programs, and events, please check the Library's website, Instagram, or Facebook page:



www.lincolncal.gov



@libatlincoln



Library at Lincoln



library@lincolncal.gov

Our digital branch is always open! Our e-books and online databases are available to you 24/7!

LINCOLN REC SPORTS

YOUTH LEAGUES



LINCOLN YOUTH FLAG FOOTBALL

Lincoln Recreation is excited for another season of Lincoln Youth Flag Football for all boys and girls in the 1st-8th grades. LYFF is a non-contact, 5 on 5 league with practices twice a week and Friday night games. The Spring season will feature a player combine followed by a player draft for 3rd-8th grade divisions. 1st/2nd grade teams will be randomly assigned. Come out and join us for this exciting Flag Football experience.



Register online at www.lincolnrecsports.com

*Early Registration: December 4 to January 7 - \$120

*Regular Registration: January 8 to February 18 - \$130

*Late Registration: February 19 to March 1 - \$140

LOCATION: FOSKETT REGIONAL PARK

AGES: 1ST TO 8TH GRADE

PRACTICES BEGIN: MONDAY, MARCH 11

GAMES BEGIN: FRIDAY, MARCH 22

TIMES VARY DEPENDING ON ASSIGNED TEAM

DISCOUNTS AVAILABLE FOR VOLUNTEER HEAD COACHES



**NEW!
GIRLS ONLY
DIVISIONS!**



LINCOLN YOUTH VOLLEYBALL

The Lincoln Youth Volleyball league is for all 3rd-8th grade girls and boys of all experience levels! Participants will develop key fundamental skills, teambuilding and encouragement to participate in Volleyball for years to come. Come play in this fast paced 8 game league with weekly practices and scheduled matches on Sunday afternoons.

NEW this season will be a special High School Division with games on Saturday evenings, limited spaces available.



Register online at www.lincolnrecsports.com

*Early Registration: December 4 to January 7 - \$110

*Regular Registration: January 8 to February 18 - \$120

*Late Registration: February 19 to March 1 - \$130

LOCATION: COMMUNITY CENTER GYM

AGES: 3RD TO 12TH GRADE

PRACTICES BEGIN: MONDAY, MARCH 11

GAMES BEGIN: 9TH TO 12TH GRADE - SATURDAY, MARCH 16
3RD TO 8TH GRADE - SUNDAY, MARCH 17

TIMES VARY DEPENDING ON ASSIGNED TEAM

DISCOUNTS AVAILABLE FOR VOLUNTEER HEAD COACHES



**NEW!
HIGH SCHOOL
GIRLS DIVISION!**

SPRING BREAK SPEED AND AGILITY CLINIC

Players will learn and practice key fundamental and advanced skills including technique, form, plyometric and various skills while incorporating this training into competitions and drills. This is a great class for all players looking to have fun, get better, and take your game to the next level. Instructors will feature Lincoln High School Track and Field Athletes and Coaches.

Register online at www.lincolnrecsports.com

Date: Mon., March 25 to Wed., March 27

Time: 10:30 AM to 12:00 PM

LOCATION: TBD

AGES: 3RD TO 8TH GRADE

PRICE: \$75.00





LINCOLN REC SPORTS

ADULT LEAGUES

REGISTRATION DATES:

EARLY: 12/4 to 1/7 • REGULAR: 1/8 to 2/18 • LATE: 2/19 to 3/3

ADULT SOFTBALL - SPRING

The City of Lincoln offers men's and co-ed softball leagues each spring, summer & fall with all games being played at the Eleanor Carnesecca Softball Complex at Foscett Regional Park. Your team registration fee includes 1 umpire, scorekeeper, 8 regular season games, playoffs for the top 4 teams in each division, and prizes valued at \$200 for each division champion. Depending on the number of teams to register, each league will be divided based on skill level to form divisions consisting of 4 to 9 teams. ASA rules govern play.

8- GAME SEASON + 1 WEEK OF PLAYOFFS

Women's

Start: 3/11

Mondays

Early: \$540 | Regular: \$565 | Late: \$590

Foscett Regional Park

Co-ed

Start: 3/12

Tuesdays

Early: \$540 | Regular: \$565 | Late: \$590

Foscett Regional Park

Men's

Start: 3/14

Thursdays

Early: \$540 | Regular: \$565 | Late: \$590

Foscett Regional Park



FREE AGENT REGISTRATION

New to Lincoln or short players for your own team? Take advantage of our Free Agent program. Those looking for a team may sign up as a free agent to be added to our free agent list. The free agent list with your name and contact information will be distributed to all team captains prior to the start of the season and is available throughout the year as a download on our league website. Those looking for players to fill their team roster may use the free agent list as a recruiting tool at any time.

FREE AGENT registration is only taken online. Visit our league website at: www.LincolnRecSports.com or scan the QR code.

TEAM REGISTRATION TAKEN ONLINE AT LEAGUE WEBSITE

OR

AT THE LINCOLN RECREATION OFFICE: 2010 FIRST STREET, LINCOLN, CA 95648



FACILITY RENTALS



For more information, pricing and to download an application, scan the QR code or visit:

www.lincolncalifornia.gov/city-hall/departments-divisions/parks-recreation/facilities

McBean Pavilion

65 McBean Park Drive, Lincoln CA 95648

McBean Pavilion is the perfect rental space to host your next celebration, party or event. This remodeled 6,720 square foot facility can accommodate up to 350 people. The Pavilion is ideal for weddings and parties with its kitchen, one dry and one wet bar, and built-in stage. This venue also includes a private, gated courtyard with an attached barbeque.

To reserve the McBean Pavilion:

Call the Recreation Department at 916-434-3220 to first see if your desired date is available. If your date is available you will have 14 days to submit your rental application and damage/cleaning deposit.



COVERED PICNIC AREA RENTALS

Looking for a shady area to gather? The City of Lincoln has many covered picnic areas within our parks. In most parks they are claimed on a first come, first served basis; however, there are two parks where you can reserve your spot under one of our covered picnic areas.

Parks with rentable picnic areas:

- McBean Park
- Meadowlands
- Aitken
- Nathan Dubin
- Markham
- Pete Singer

To reserve a Covered Picnic Area:

Call the Recreation Department at 916-434-3220 to first see if your desired date is available. If your date is available an application will be sent to you. Review, complete and submit the application and necessary fees.

Bounce Houses:

Visit <https://www.lincolncalifornia.gov/en/parks-recreation-and-activities/bounce-house-permits.aspx> or call the Recreation Department at 916-434-3220 to check availability of parks and dates.



MCBEAN PARK



NATHAN DUBIN



MEADOWLANDS



MARKHAM



AITKEN



PETER SINGER

NEW PARKS

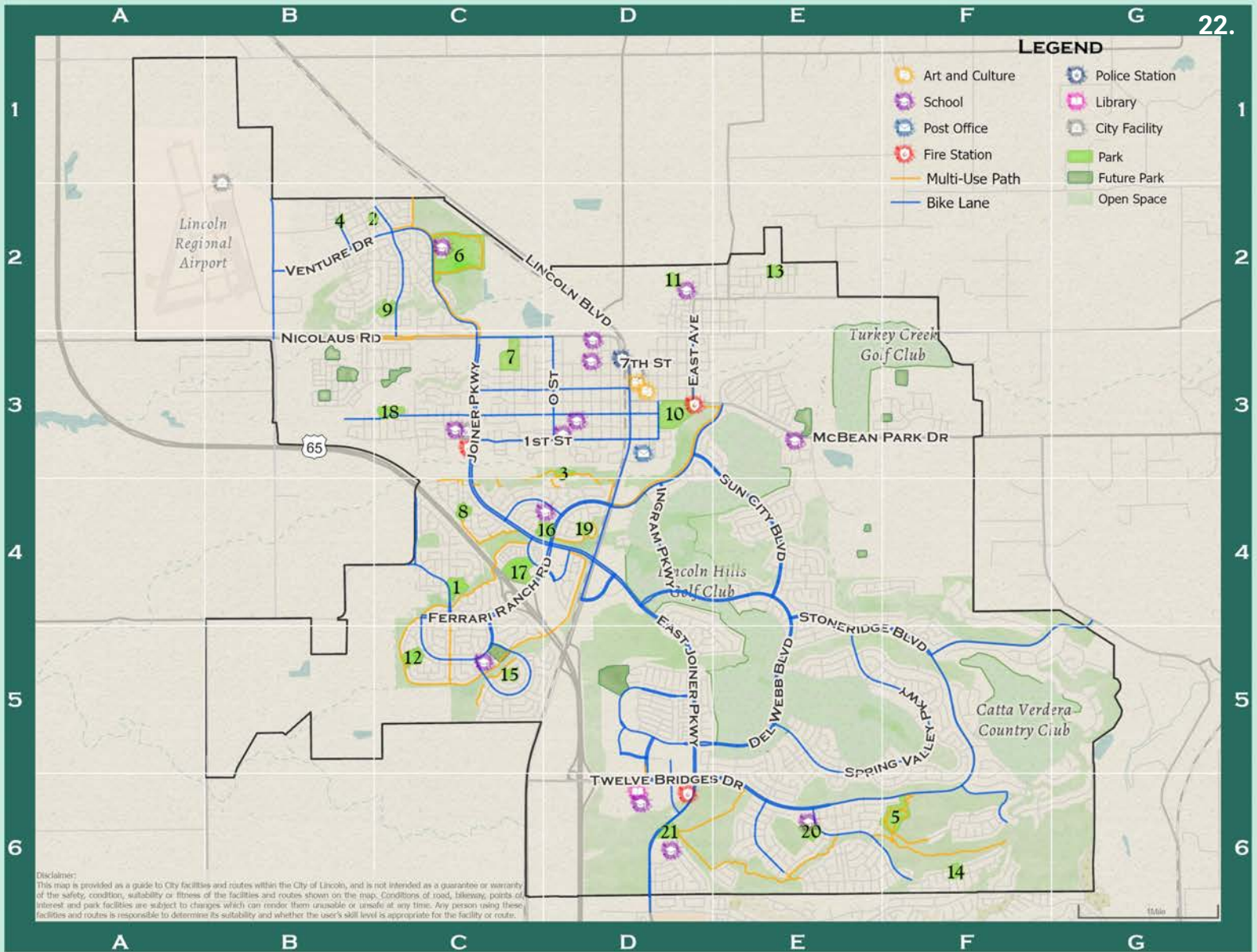
Pasillas Park

Now open! Pasillas is a small, neighborhood park with scenic views in the Twelve Bridges area. This park includes a covered picnic area, playground, swings and grill.



PASILLAS PARK





PARK MAINTENANCE

For maintenance concerns during regular work hours call Public Services at 916-434-2450 Monday thru Friday 8am-5pm.

For immediate needs regarding maintenance or repair during non-business hours (Monday thru Friday 5pm-8am) and weekends, call the City's Police Department at 916-645-4040.

Alternatively, email Public Services at publicservices@lincolncity.gov. Please allow the next regular business day for response.



Atkinson Park

	Soccer/Basketball	Soccer	Basketball	Horseshoe	Picnic	Restrooms	Playground	Trail Access	Pickleball	Fitness Kiosk	Picnic Area	Water Feature	Parking Lot	Map Area
1 Aitken Ranch Park														C4
2 Atkinson Park														C5
3 Auburn Ravine Park														D3
4 Brown Park														B2
5 Coyote Pond Park														F6
6 Foscett Regional Park														C2
7 Joiner Park														C3
8 Machado Park														C4
9 Markham Park														B2
10 McBean Park														D3
11 Meadowlands Park														D2
12 Nathan Dubin Park														C5
13 Palo Verde Park														E2
14 Pasillas Park														F6
15 Pete Demas Park														C5
16 Peter Singer Park														C4
17 Robert Jimenez Park														C4
18 Scheiber Park														B3
19 Sheffield Park														D4
20 Twelve Bridges Park														E6
21 Wilson Park														D6



Scheiber Park

FACILITY RENTALS

The City of Lincoln has a number of City-owned facilities available for hosting your event.

The following locations can be reserved:

- Beermann Plaza
- Civic Auditorium
- Community Center
- McBean Park BBQ Area
- McBean Park Pavilion
- McBean Pool

For more information visit www.lincolncity.gov/en/parks-recreation-and-activities/rent-a-facility.aspx or call 916-434 -3220.



McBean Park

KIDS

SPRING FLING POOL-OZA



Coming
May 2024



**McBean Park
& Pool**

**Swimming
Fun Run
Obstacle
Course**

AGES 6-12



INTEREST LIST

WWW.LINCOLNREC.NET